

## *The ISPPM's aims*

The ISPPM aims to help improve the quality of human life before and during birth in research and practice. It focuses on the scientific study of prenatal emotional and physical development and the dynamics of the birth process. This opens up ways of optimising the primary prevention of undesirable physical and emotional developments in the prenatal and perinatal period, and for refining treatment methods in the light of our greater understanding of prenatal development. As an international organisation, the ISPPM also publishes relevant research results within society, helps enhance parenting skills and offers training courses on psychotherapy, education, gynaecology and obstetrics, the social and cultural sciences and other areas.

## *The ISPPM's history*

The society was founded on 26 July 1971 in Vienna through the initiative of Dr. Gustav Hans Graber and was originally called the International Study Group for Prenatal Psychology (ISPP). Based on the psychoanalytical models of prenatal psychology, the theoretical and methodological concepts were refined by including developmental psychology and embryology. The medical and social relevance of these aspects led to a growing interest in the ISPP among gynaecologists, obstetricians, neonatologists, paediatricians, endocrinologists, social scientists and education experts. In developing concepts of primary prevention, the ISPP also opened its doors to professional groups with a practical bias such as midwives, birth educators, social educators, special needs teachers and adult education teachers. In 1986, as a result of this development, the society's name was changed to the International Society of Prenatal and Perinatal Psychology and Medicine (ISPPM).

## *ISPPM Board*

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## *International ISPPM conferences*

The ISPPM organises international conferences every three years or so.

- 2000 – Cagliari (Italy) “Prenatal Psychology: Methodology in Research”
- 2001 – Sydney (Australia) “Bridging the Gap: Prenatal and Postnatal Life”
- 2002 – Budapest (Hungary) “The Importance of Prenatal Psychic Space for the Individual and Society”
- 2005 – Heidelberg (Germany) “The Anthropology and Psychology of Pregnancy and Birth”
- 2007 – Moscow (Russia) “The Unborn Child and Society”

Meetings and symposia on a smaller scale are held in between these conferences. The German-speaking members meet for a symposium once a year.

## *Method of Payment*

- Check enclosed. Please make check payable to: ISPPM, 69118 Heidelberg, Germany

NB: For Payment by cheque order please add US\$ 10,- for bank charge. You will be invoiced for any outstanding balances.

- Payment by direkt bank transfer. All local and international bank charges are to be paid by the remitter. Please include full name and bank name.

### **Transfer to:**

- UBS Bern, Privat-Account  
SFR Number: 235-504 835 L1 D
- Sparkasse Heidelberg, D-69118 Heidelberg, Germany  
IBAN DE57 672500200004246322  
SWIFT-BIC SOLADES1HDB

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(Full name of bank sending wire transfer)

\_\_\_\_\_  
(Date of wire transfer)

NB: For Payment by direkt bank transfer please add US\$ 10,- for bank charge. You will be invoiced for any outstanding balances.

- Please debit my credit card.

VISA       MasterCard  
(no other credit cards can be accepted)

Details:

Name: \_\_\_\_\_  
(as it appears on the card)

**Card Number:**

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Expire date (mm/yy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_      CVV2 or CVC2 \_\_\_\_ \_\_ \_\_

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Please complete this form and return it to:

**ISPPM - Secretariat**  
**Friedhofweg 8**  
**D-69118 Heidelberg**  
**Germany**

CVV2 (VISA-Card) = Card Verification Value  
CVC2 (MasterCard) = Card Verification Code  
You will find this number on the backside of your credit card into the signature field. The last 3 digit after the repeated card number is the Card Verification Value respectively Code.

## Membership application

I would like to join the International Society of Prenatal and Perinatal Psychology and Medicine and, among other things, receive information about all circulars, publications, symposia and conferences of the ISPPM and partner societies.

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Surname / First name

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Title / Profession

---

Current occupation

---

Date of birth (mm/dd/yy)

---

Address (street / town / country)

---

Tel. / Fax

---

e-mail / homepage

---

Date / Signature

**I would like the following type of membership** (please tick)

- Membership with journal:      US\$ 170,--  
  plus US\$ 30,-- for airmail delivery outside Europe
- Membership without journal:    US\$ 120,--

**Delivery of circular** (please tick)

- Delivery of the circular by e-mail
- Delivery of the circular by post
- Delivery of the circular by e-mail and post

Please fill also the backpage with method of payment.

## Publications on prenatal psychology

- J. Bergeret, M. Soué, B. Golse (2006) *Anthropologie du Foetus*. Dunod, Paris.
- G. Brekhman (Ed.) (2005) *Phenomenon of Violence. View from a Position of Prenatal and Perinatal Psychology and Medicine*. Available from the ISPPM Secretariat.
- D. Chamberlain (1998) *The Mind of the Newborn Baby*. North Atlantic Books, Berkeley.
- W. Emerson (1996) *The Treatment of Birth Trauma in Infants and Children*. Available from the ISPPM Secretariat.
- L. Janus (2001) *The Enduring Effects of Prenatal Experience*. Mattes, Heidelberg.
- L. Janus (2001) *The Significance of the Early Phases of Childhood*. Available from the ISPPM Secretariat.
- B. Mauger (1998) *Songs from the Womb*. Mother Collins Press, Cork.
- P. Nathanielsz (2001) *The Prenatal Prescription*. Harper Collins, New York.
- R. Ridgway, S. House (2006) *The Unborn Child*. Karnac, London.
- T. Verny (2002) *Tomorrow's Baby*. Simon & Schuster, New York.
- Wirth F (2001) *Prenatal Parenting*. Regan Books, New York.

For further references, please go to the ISPPM website: [www.isppm.de](http://www.isppm.de).

## International Journal of Prenatal and Perinatal Psychology and Medicine

The **International Journal of Prenatal and Perinatal Psychology and Medicine**, edited by P. Fedor-Freybergh and published by Mattes (Heidelberg), has been the ISPPM's official organ since 1989. Subscription for non-members (4 issues a year) US\$ 165,-- Mattes Verlag, P.O. Box 103 866, 69028 Heidelberg, Germany, Tel.: +49 (0)6221 437853, Fax: +49 (0)6221 459322, e-mail: [journals@mattes.de](mailto:journals@mattes.de).

In addition, the series **Ergebnisse der Pränatalen Psychologie** ("Results of Prenatal Psychology"), edited by Ludwig Janus, has been published since 2004; like the journal, this series is included in the membership fee.

- L. Janus (Ed.) (2004) *Psychotherapie und Pränatale Psychologie* ("Psychotherapy and Prenatal Psychology").
- A. Reiter (Ed.) (2005) *Vorgeburtliche Wurzeln der Individuation* ("Prenatal Roots of Individuation").

# INTERNATIONAL SOCIETY OF PRENATAL AND PERINATAL PSYCHOLOGY AND MEDICINE (ISPPM)



## The ISPPM's philosophy

The ISPPM's work is devoted to the earliest stage of human development: the prenatal and perinatal period and birth. It sees this stage of life as the individual's first emotional and ecological setting, inextricably linked to the mother and her surroundings in the form of a continual dialogue. On the basis of a holistic view of human development, the ISPPM seeks to have the prenatal and perinatal period accepted as part of our biography. An individual's life history begins way before birth. This affects the way we exist in the world. This part of life can only be studied scientifically on an interdisciplinary basis, a fact reflected in the ISPPM's interdisciplinary members.