

Introducing the speakers at the annual ISPPM conference



Kirsten Hellwig

Qualified social pedagogue (FH)
Systemic couple and family therapist (SG)
Teacher of prenatal classes (GfG)
Homepage: www.kirsten-hellwig.de

Department of prenatal diagnosis and stressful pregnancy in the office of the association of normal birth and parenthood in Munich.

Homepage: <http://haeberlstrasse-17.de>

Kirsten Hellwig offers a workshop in the pre-program of the annual meeting in Berlin, which addresses the heart of the focus of this year's annual conference.

All that matters is health?

The effect of prenatal diagnosis on the prenatal relationship between the unborn and the parents-to-be.

One of the results of the ongoing development in the field of prenatal diagnosis is the visualizing of the unborn baby. This has now become the main connection between the parents and the unborn. At the same time many pregnant women have difficulties to have a positive feeling while expecting a baby. Instead they need approval from the outside or they undergo heavy insecurities if this is not available as wished.

In case something abnormal is shown parents get into a situation of stress where they face incredibly serious decisions.

Kirsten Hellweg is a member of the staff of the „Fachstelle Pränataldiagnostik in der Beratungsstelle für Natürliche Geburt und Elternsein e.V.“ in Munich where she counsels parents in these stressful situations that have tremendous effects on the prenatal relationship with the unborn baby. It is not rare that these decisions can lead to the ending of the pregnancy and obviously the baby's death.

From this background we will explore if, and if so how, the actual development in the field of prenatal diagnosis is consistent with a) the rights of the prenatal baby and b) the consequences for the parents-to-be.

Fr, Oct. 23, 2015, 16:00 – 18:00 h

Cost: 20,- €

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Claudia Krüger

Licensed TOMATIS®-Trainer, NLP Practitioner; Master and Coach, Peter Hess Sound Masseur, Trainer for Autogenous Training, Conference Interpreter und Musician.

For the last 7 years I've been leading the EinKlangRaum and the TOMATIS Institute in Cologne. We support many children who have difficulties being in the world because the pregnancy might have been burdened, or the birth was complicated or artificial or much too premature. Of course, it is also pregnant women who come to the institute to listen to be well prepared for all the upcoming events.

EinKlangRaum Tomatis Institut Köln, Herwarthstr. 12-14, 50672 Köln
Tel. 0221 27250550, E-Mail: koeln-tomatis@ein-klang-raum.de
Homepage: www.ein-klang-raum.de, www.koeln-tomatis.de

Claudia Krüger gives a workshop on:

What exactly is it that an unborn baby does hear?

This is the question that has been explored by the French doctor Alfred Tomatis. From the 20th weeks of pregnancy the fetus hears the mother's voice which becomes something like an emotional "soundwise" substance that is outstanding for the physical and psychological development of the baby. This is why it is so important that the baby experiences the mother's voice as being pleasant.

So what happens when the mother-to-be is unhappy, stressed, and anxious or often times alone?

In these cases the TOMATIS®-Method helps. The listening training from Prof. Tomatis has an energizing dynamic effect on the mother-to-be. She becomes more stable mentally and physically and more stress resistant. These are all factors that support a mother awaiting birth without distress and fear. Learn more about this!

Friday, Oct. 23, 2015, 14.00 -16.00 h
Cost: 20,- €

For both workshops participation is still possible!

Here is the link to have access to the program and also more information and an application form for the Annual Conference at Berlin:

<http://www.isppm.de/jahrestagung-der-isppm/>

Deadline for application: Mo, Oct. 19, 2015

(Additional Fee if booked on the day is 20 €)

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News from ISPPM Switzerland

At the end of May there were mayor changes with the personnel and also the organizational structure. All founding members who were still active after ten years of full commitment resigned. They have been replaced by other motivated members. Another change in our organization is that we have installed working teams to give our efforts a broad personal basis. We also have a new secretary. Find our information on our website: <http://www.isppm.ch/isppm/vorstand/>

ISPPM Switzerland can also be found on

Facebook: <https://www.facebook.com/isppm>

This site depends on cross-linking. All associated members are welcome to click "like" and to share the webpage. They also can become members of the community and receive the latest news online. Those who are not on Facebook have access to the information there.

Another innovation: our website shows the events of the coming year: <http://www.isppm.ch/programm/>
We are getting more and more up to date ☺

And finally: Maggie Phillips visited us for a workshop in Basel on 13th and 14th June. There was big interest shown on her presentation of the Polyvagal Theory and the Ego-State-Therapy which is now available on DVD.

<http://www.isppm.ch/medien/maggie-phillips/>

Cost for associated members is 35 € each set, postage included.

Warm Greetings
Michael Flämmig
Co-president

isppm schweiz

Postanschrift:

Michael Flämmig
Frobenstrasse 65
4053 Basel
Tel: 061 271 20 32
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Briefly

The ISPPM has been accepted to become a member of the **National Coalition of Deutschland – Netzwerk für die Umsetzung der UN-Kinderrechtskonvention e.V. (NC)**

(The NC is a network to apply the UN-convention on children's rights.)

Dr. Eichholz represents the NC and is a Keynote Speaker at our Congress in Berlin.

By collaborating together we want to make the politicians and the general public aware

of the importance of the protection of pregnancy and birth on behalf of child protection.

Homepage NC: www.netzwerk-kinderrechte.de

Jonathan Delafield-Butt

Have a look at the papers of this researcher and find a rich resource:

<https://strathclyde.academia.edu/JonathanDelafieldButt/Papers>

Please, visit our [Facebook-site](#) for more information.

Events Diary

Dates isppm e.V.

23 – 25 October 2015: Annual Conference in Berlin

"I feel – so I am"

Needs of antenatal children and their parents in the area of tension between birth-cultural developments, health-politics, basic rights, ethics, and economy

Friday, Oct. 23, 14.00 – 18.00 h

Pre-Congress-Workshops, parallel extended board meeting

Friday, Oct. 23, 18.00 – 21.00 h

Members Assembly, parallel film Presentation

Saturday, Oct. 24, 9.00 h – Sunday, Oct. 25, 12.30 h

Main program

Sunday, Oct. 25, 14.00 – 18.00 h

Post-Congress-Workshops

The conference language will be German with English power point presentations and abstract manual.

Program, more information and registration:

<http://www.isppm.de/en/>

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10 – 12 June 2016

Bonding Analysis Conference in Cologne

Contact: Helga Blazy nc-blazyhe@netcologne.de

October 21 – 23, 2016: Annual Conference in Stolpen near Dresden

Working title:

Integration and coherence

Prenatal Psychology in established science, research, education and practice of obstetrics, pediatrics and psychotherapy

Dates Conferences and Congresses

3/4 October 2015

Convegno Nazionale di Epigenetica
Urbino, Italien

www.biosalusfestival.it/2015-04-27-10-55-40/convegno-di-epigenetica.html

10 October 2015, 9.00-17.30 h

COLLOQUE INTERNATIONAL DE LA PRENATALITÉ

« L'Éducation Prénatale, une urgence pour notre société »

CPCV, 7 Rue Du Château De La Chasse, 95390, St. Prix, France



OMAEP

Organisation Mondiale des Associations
pour l'Éducation Prénatale
Statut Consultatif Spécial auprès de l'ECOSOC

17th/ 18th October 2015

Womb Twin Conference – Dublin, Ireland 2015

The Twinless Twin – Understanding and Recovery

The Lantern Centre, Dublin

<http://www.wombtwin.com/conference-2015>

December 3 – 6, 2015

APPPAH's 19th International Congress

Birth and Society: How Birth Impacts Society and how Society Impacts Birth.

Keynote Speakers: Thomas Verny, MD, DPsych., DHL, FRCPC, FAPA,
Barbara Findeisen, Dr. Jaak Panksepp, Dr. Gerlinde A. S. Metz, Robbie E.
Davis-Floyd, PhD, Michael Mendizza, Karen Strange, CPM, Jeanne Ohm, D.C.,
and Peter Prontzos, PhD

[Registration here](#)

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January, 2016

Human Rights in Childbirth: India Conference

Bangalore, India

humanrightsinchildbirth.com/india-conference/

January 14 – 17, 2016

**The World Congress on Recurrent Pregnancy Loss
(WCRPL 2016)**

Cannes, France



www.wcrpl.com

February 12/13, 2016

The 13th National Congress of the HSPPM

Budapest

May 29 – June 2, 2016

15th WAIMH World Congress

**Infant Mental Health in a rapidly changing world: Conflict, adversity, and
resilience**

Hosted by Israeli and Palestinian Infant Mental Health Associations, Prague



Further Education/Workshops

For the first time in the Netherlands:

Integrative Baby Therapy Training

Trainings leader: Matthew Appleton

Pre- and perinatal birth psychology: Professional and practice oriented

one day intro: 23th January 2016

module 1: 11,12,13 march 2016

module 2: 10,11,12 June 2016

module 3: 7,8,9 October 2016

module 4: 27,28,29 January 2017

module 5: 19,20,21 Mai 2017

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Newsletter September 2015

module 6: 6,7,8 October 2017

Location: Rotterdam / The Hague area

Information and registration: Yvonne Welling, E-Mail:

integrativebabytherapytraining@gmail.com

More information: <http://www.conscious-embodiment.co.uk/>

Advanced Embodiment Course

With Karlton und Kathryn Terry and Peter Schindler

Lessons from the hourglass: 5 - 10 November 2015

The Art of the Tryptic: 12 - 17 November 2016

Seminarhotel Wasserfallen bei Basel (Schweiz)

http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek, peschek.max@t-online.de,

+49 (0)421 7 3210

Workshops with William Emerson:

Trauma, Shock, Twins and Doubles. The Discovery and Revival of Relational Intimacy

22 - 27 September 2015 in Sternenbergl, Switzerland

Kontakt: Claudia Isler, Secretary SIRT, Bahnhofstrasse 16, 8344 Bäretswil,

Telefon: 043 / 833 68 45, email: info@sirt.ch

www.sirt.ch

Trauma, Shock & Relational Intimacy

6 - 11 October 2015 in Lienen, Germany

Kontakt: Margret Overdick, E-Mail m.overdick@web.de, Tel +49 251 260 255

NEW Professional Seminars with APPPAH:

You can see about the complete Education Department offerings at

birthpsychology.com

How children handle stress and trauma

One-day Workshop with Dr. Aletha Solter (USA)

So, 11 Oct. 2015, 9.00 bis 17.00 h

In English with German translation

Edith-Stein-Schule für soziale Berufe Rottweil, Germany

registration: Tel.: +49 741 - 17 41 28 – 0, graf@schulenuersozialeberufe.de

More information: Anke Eyrich +49 7454 923 29

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Karlton Terry will be in Basel twice for Baby Clinic:
23/24 April 2016
19/20 November 2016

Foundation course

2017-2020, with Max Peschek und Team in Parin, Germany:
Information and registration: Max Peschek, peschek.max@t-online.de
+49 (0)421 7 3210

Gems of Ancient Wisdom

Workshop mit Antonella Sansone

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

- Parenting and Infant Mental Health in the Context of our Lives and Society
- Indigenous Cultures as the Best Available Window into the Social Lives of our Ancestors Sustaining a Fulfilling Birth, Motherhood and Secure Attachment
- The Preconception and Prenatal Roots of Empathy, Compassion and Communal Care
- Practices to Develop Empathy and Compassion Fundamental for a Baby to Thrive
- How to Integrate Ancient Wisdom with Scientific Discoveries
- How to Prevent and Heal Birth and Developmental Trauma..... and Many More Fascinating Topics

For further details or to book a place contact:
antonellasansone8@gmail.com
Phone: 07947764431



Report

VISIT TO THE 'MAMMANA'

By Antonella Sansone-Southwood

I interviewed 88 years old Stella during my summer holiday in a little town of Southern Italy, San Nicola Arcella, overlooking a breath-taking sea coastline. Stella used to help deliver all the babies of that town, and those nearby, in their mother's home. Still a bright-minded enthusiastic lady, she said that difficult pregnancies and births were rare. This kind of midwife was called Mammana, which tells a lot indeed: a maternal figure who accompanied the woman throughout pregnancy, birth and first months of the baby's postnatal life, just as it still happens in indigenous and Aboriginal cultures. It is the consistency or 'familiarity', which sadly most Western modern birthing women are deprived of, an essential element in a natural uncomplicated birth. Stella was upset that

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most women today deliver with a doctor or midwife they have never seen before.

Evidence increasingly shows correlations between difficult births and maternal/infant health. Other studies found that having another woman offer social support and mentoring throughout pregnancy was correlated with a cascade of beneficial outcomes detectable as long as 15 years later. When matched with similar mothers not visited by a familiar figure, the children of visited mothers grew up emotionally more responsive, more resilient, learned language sooner and were also less likely to be abused by their mothers (Olds et al., 2002, 2007). The recognition that humans must have evolved as cooperative breeders is relatively new, and to date most research has focused on the benefits of alloparenting, or shared childcare (Blaffer Hrdy, S. B., 2011). Traditional and tribal cultures provide the best available windows we have into the social lives of our ancestors. Their ancient wisdom points the way to a new story of birth, childhood, parenthood and the human family. Mammama Stella truly used to join the birthing woman in her hero's journey into parenting, from pregnancy to birth and beyond. Compassion and empathy are contagious: by receiving them, the mother-to-be is inspired to empathise with her baby. Therefore empathy promotes bonding and wellbeing in mother and child. Then let's make Birth and mother/father-baby Attachment a major concern of society and economy, for the public health implications, and because homebirth and prevention of later problems are far less costly.

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