

## Newsletter April 2015

### Presentation of the speakers at the annual meeting in Berlin

This year's fall meeting of the ISPPM aims to initiate a collaboration with Children's rights activists and parents initiatives. This time, most speakers do not come from the well-known ISPPM circle. That's why we introduce them to you before the meeting in this newsletter.



**Astrid Draxler**

Technical Director of the Counselling Centre for Natural Childbirth and parenting eV.

"For the last 36 years, our commitment is to promote a women-oriented antenatal care and obstetrics. We provide comprehensive information on prenatal care and choice of place of birth in Munich, independent of commercial interests. Through our consultations and courses we know what pregnant women imagine, desire and experience. We hear, for example, that PDA is desired as a matter of course without the effect

of PDA being reflected by the women. We also see, how little women and their men know about a section birth and how happy they are when they get the information neither raising fears nor appeasing them. After birth, our meetings on breastfeeding and sleeping are very busy and, worries, if the babies are restless or cry too much, fill our specialist counseling.

A professional but relaxed dealing with pregnant women in gynecology, encouraging the women that they can give birth normally because everything in them is ready to do so, would be a way of change for us. We are convinced that more antenatal care by midwives could calm the pregnant woman and her partner and could protect them from the dominant view onto the risk. A pregnancy that was constantly monitored, usually does not strengthen the self-esteem of pregnant women. Just a few weeks after birth we are experiencing mothers who are very exhausted, seek our counseling and need support. We present in our lecture which ways we have found to accompany (expectant) parents in time."

### **Accompaniment between PND, PDA, cesarean section and Attachment Parenting**

We provide a current view onto the needs of (expectant) parents in our Munich Center for Natural Childbirth and parenting. With insights into the latest study by Sandra Lohrey, midwife MSc, who interviewed 590 of our clients about the impacts the offer of prenatal diagnostic tests had on them.

Web <http://www.haeberlstrasse-17.de>, <http://www.fenkid.de>,  
<http://www.facebook.com/BeratungsstelleNaturlicheGeburtElternsein>

Contact: [astrid.draxler@haeberlstrasse-17.de](mailto:astrid.draxler@haeberlstrasse-17.de)

#### President

Dr. med. Sven Hildebrandt  
Grundstr.174  
01324 Dresden | Germany

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#### Office ISPPM e.V.

Johanna Schacht  
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## Meeting of the Extended Board in Wiesbaden

The meeting of the people engaging in the ISPPM eV took place in a very constructive, open and friendly atmosphere at the last weekend in March. The participants discussed important issues for the future of our society.

Sven Hildebrandt has announced that he will not be available for reelection, so there will be a change of Chairman of the Company at the board elections in late 2016.

The minutes of the Boards meeting will be sent to members on request.

Our long-time member Dr. Jenó Raffai deceased in Szentendre on 3 April. We grieve with his wife and three children.

## Obituary Jenó Raffai

Dr. phil. Jenó Raffai was born in 1954 in Szombathely. After studying psychology (MA 1983) and finishing a PhD (1986), he worked on the child and adolescent psychiatric ward in Ujpest Hospital, the National Institute of Psychiatry and Neurology, Budapest, then as a psychoanalyst in private practice. He was a member of the Hungarian Psychoanalytic Society and the International Society for Prenatal and Perinatal Psychology and Medicine eV.

Together with the psychoanalyst György Hidas he developed the method of binding analysis, which helps expectant mothers and parents into intimate contact with the unborn baby and allows favorable development opportunities for the baby. He taught at the Semmelweis University Budapest and held training courses in binding analysis in Heidelberg and Vienna since 2004. The book of both psychoanalysts was issued in German translation im Psychosozial-Verlag (2006) under the title "Nabelschnur der Seele": Psychoanalytisch orientierte Förderung der vorgeburtlichen Bindung zwischen Mutter und Baby.

Three anthologies with case studies have been published from the Cologne meetings for binding analysis up to now. The book "Collected Essays" of Jenó Raffai is currently in print.

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We have set up a closed group on facebook, „isppm members forum“:  
<https://www.facebook.com/groups/1524322761189091/>

This group is a communication space for isppm members, for networking and mutual support in all issues.

APPPAH Newsletter Spring:  
[https://birthpsychology.com/system/files/newsletters/spring2015-1\\_0.pdf](https://birthpsychology.com/system/files/newsletters/spring2015-1_0.pdf)

Interesting insights into our sister organization can be found in this presidents-letter:  
<https://birthpsychology.com/news/presidents-letter>

Other recent posts from our fields and network are always available on our [Facebook-page](#).

## Events Diary

### Dates isppm e.V.

#### **09 / 10th May 2015: Working Meeting of AG Prenatal Psychotherapy and Psychosomatics in Tübingen**

If you are interested to cooperate, may get in touch with  
Martina Gellert: [martina.gellert@arcor.de](mailto:martina.gellert@arcor.de),  
Marita Klippel-Heidekrüger: [klippelheidekrueger@hotmail.com](mailto:klippelheidekrueger@hotmail.com)  
or Ludwig Janus: [janus.ludwig@gmail.com](mailto:janus.ludwig@gmail.com)

#### **23 - 25 October 2015: Annual Conference in Berlin "I feel - therefore I am"**

**Friday, Oct. 24**

**18.00 – 21.00 h Members Assembly parallel film Presentation**

**21.15 h** Come Together

**Saturday, Oct. 24, 9.00 h – Sunday, Oct. 25, 12.30 h**

#### **Main program**

Keynote speakers: Rien Verdult, Gabi Stoecken, Colette Mergeay, Reinald Eichholz, Erika Feyerabend

The conference language will be German with English power point presentations and abstract manual.

The preliminary program will be online soon, and you will be able to register easily online.

<http://www.isppm.de/en/>

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**10 to 12 June 2016**

**Bonding Analysis Conference in Cologne**

Contact: Helga Blazy [nc-blazyhe@netcologne.de](mailto:nc-blazyhe@netcologne.de)

## Dates Conferences and Congresses

**Thursday, May 7, 2015, 08.45 am – 05.30 pm**

**NUTRITION AND PRETERM BIRTH**

A Satellite Symposium of PREBIC (Preterm Birth International Collaborative)

A "ONE DAY SIMP" Meeting

Modena, Italy

<http://www.mediacomcongressi.it>

**May 8 – 10, 2015**

10. Fachtagung für Primäre Prävention und Körperpsychotherapie

**Frühe Prägungen**

Eltern – Säugling – (Körper-)Psychotherapie im Dialog

Oldenburg, Germany

Information and registration: ZePP, <http://www.zepp-bremen.de>,

e-mail: [kontakt@zepp-bremen.de](mailto:kontakt@zepp-bremen.de)

**May 15 – 16, 2015**

SERBIAN GOVERNMENT, MINISTRY OF EDUCATION, SCIENCE AND  
TECHNOLOGICAL DEVELOPMENT

Institute for Experimental Phonetics and Speech Pathology, Belgrade, Serbia

In cooperation with ISPPM

**1st International Congress on Psychic Trauma:**

**Prenatal, Perinatal & Postnatal Aspects (PTPPA 2015)**

Belgrade, Serbia

<http://www.iefpg.org.rs/konferencije.html>

**May 21 – 23, 2015**

2nd European Congress on Intrapartum Care

Porto, Portugal

<http://www.ecic2015.org>

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**December 3 – 6, 2015**

APPPAH's 19th International Congress

**Birth and Society: How Birth Impacts Society and how Society Impacts Birth.**

Keynote Speakers: Thomas Verny, MD, DPsych., DHL, FRCPC, FAPA, Barbara Findeisen, Dr. Jaak Panksepp, Dr. Gerlinde A. S. Metz, Robbie E. Davis-Floyd, PhD, Michael Mendizza, Karen Strange, CPM, Jeanne Ohm, D.C., and Peter Prontzos, PhD

[Registration here](#)

**Save the Dates 2016:**

**January, 2016**

**Human Rights in Childbirth: India Conference**

Bangalore, India

[humanrightsinchildbirth.com/india-conference/](http://humanrightsinchildbirth.com/india-conference/)

**January 14-17, 2016**

**The World Congress on Recurrent Pregnancy Loss (WCRPL 2016)**

Cannes, France



[www.wcrpl.com](http://www.wcrpl.com)

**May 29 - June 2, 2016**

**15th WAIMH World Congress**

**Infant Mental Health in a rapidly changing world: Conflict, adversity, and resilience**

Hosted by Israeli and Palestinian Infant Mental Health Associations

Prague



WORLD ASSOCIATION FOR  
 INFANT MENTAL HEALTH

The Congress is organized by WAIMH in cooperation with the Israeli Infant Mental Health Affiliate and Palestinian Infant Mental Health specialists.

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## Further Education/Workshops

Workshops and Trainings with Matthew Appleton and Jenni Meyer:

- **Birth From the Baby's Perspective**  
A One Day Introduction to Integrative Baby Therapy
- **Integrative Baby Therapy**  
Therapy Training
- **Soul Loss**  
A Pre and Perinatal Perspective

For further details or to book a place contact: Conscious Embodiment Trainings

E-mail: [conscious.embodiment@sky.com](mailto:conscious.embodiment@sky.com)

<http://www.conscious-embodiment.co.uk>

## **APPPAH's Professional Development Series**

With Thomas Verny, Barbara Findeisen, William Emerson and many more:

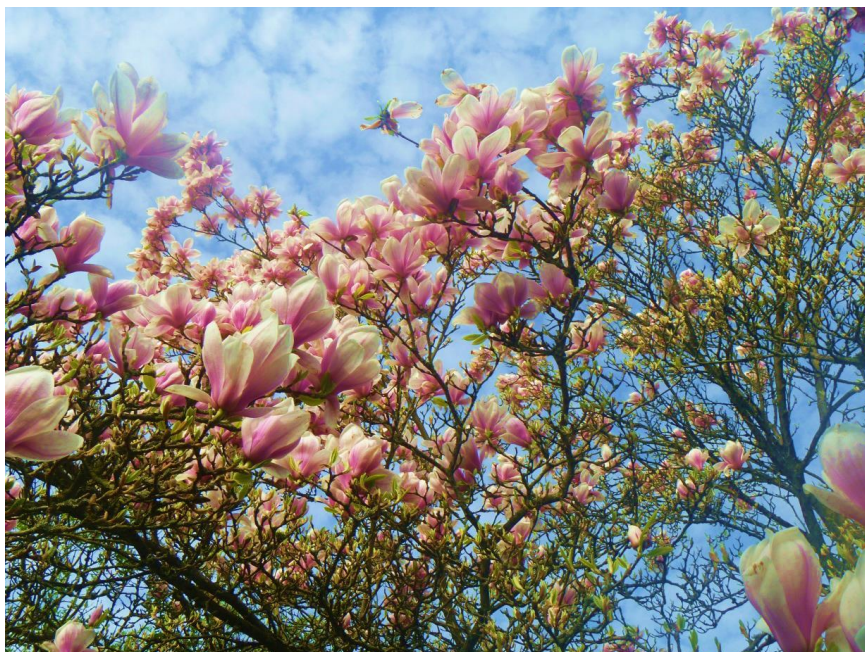
<https://birthpsychology.com/courses/educator-certificate-program>

Workshop by William R. Emerson, PhD:

## **Healing Early Trauma and Shock – Deeper Intimacy in Relationships**

Lienen Germany, Oct. 6-11, 2015

[Flyer here](#)



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