

Annual Conference 2016



Bonding/Attachment and Birth in the Transgenerational Context

Birth as a resilience factor of mental health
Mental Health as a resilience factor of birth

28th International Conference of ISPPM
Stolpen near Dresden
October 21 – 23, 2016

We have made a minor program change, as we have two presentations interchanged in the parallel blocks, so that all lectures in English are summarized in block I (Bonding and Attachment).

All information here: <http://www.isppm.de/en/>

Up to now the number of participants to our congress is fine, however, most of the participants are not isppm-members. So we invite you as members of isppm especially to take part in our conference and our members' assembly on Friday; here we shall move to a new board for the future of our society.

Introduction of the lecturers at the annual conference

Helga Blazy PhD



Most of our members know Helga Blazy as a pioneer of prenatal psychology and still board member since about 15 years (she will retire from the board). She is isppm-member since 1989 and published many articles in the Journal and elsewhere on cultural psychology, ethnological and social-analytical themes, and edited five books on bonding analysis. She is psychotherapist, child analyst, and expert in Malaysian/Indonesian languages and literatures, and teacher of Bonding Analysis (Hidas and Raffai).

In Stolpen she shall start the 2nd day of the conference with her paper:

Resilience-factors in ISPP and ISPPM in pre- and perinatal themes in society and human sciences

Resilience is grounded on factors, which in non agreeable conditions (original explorations by Emmy Werner on Hawai'i) help to a good further life. That is in fact what ISPP and ISPPM did. The medical, psychological, and psychoanalytical field was and is until today since ISPP was founded in 1971 rather rejecting. But the society, from the start projected to internationality and interdisciplinarity, immediately found discussion partners in the German speaking countries, in Poland, in South America (Angel Garma, Rascovsky), and New Zealand (Liley). Since many years the observations of ISPPM conferences and the Journal of ISPPM directly gave a share to work as a resilience factor for a rising amount of postnatal therapies with babies or traumatized grown-ups. Of course we have to develop more ideas for inner resilience in the intrauterine realm, that's without question. Only with

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Office ISPPM e.V.

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Hidas´/Raffai´’s realm for the intrauterine baby and his mother talking together since 1995 and meanwhile with his father, too, the intrauterine baby emerges as a living being in emotional exchange capable to express different feelings, wishes, and thoughts.

The mounting number of extrauterine procreations and the observed differences in these children (Emerson, Terry, Verdult) give conclusions of high stress of the parents before, during, and after procreation and ask ISPPM to intensely engage in explorations to help in these developments. There will be new challenges for ISPPM.



Klaus Evertz

was board member of ISPPM 2005-2010

Klaus Evertz is a painter, art therapist, and teaches at the University of Cologne, Dresden, and the High School of Nördlingen in art therapy.

In his paper he shall give us examples of transgenerational contexts by examples of his practice.

The inner child or the “inner child”?

Confusions in pregnancy and their lifelong consequences

The foetal programming shows the etiology of many somatic and psychic diseases. Grown-up patients with different images of confusions utter in psychotherapies, art- and body- psychotherapies on many levels intuitively connections between their illness and stress in pregnancy and during birth. Until now these hints are not yet taken up enough in anamneses nor in therapies, and thus are not worked on. So there is little therapy-success, but the danger of stressing repetitions in pregnancies and births of the following generation. The talk shows some examples and tries to show the point of actual research.



Gerhard Schroth, D

He is member of ISPPM since a long time, psychiatrist and psychotherapist, doctor for psychosomatic medicine, psychoanalyst, teaching Bonding Analysis (Hidas and Raffai).

His contribution to our conference is titled:

Significant steps forward in the prevention of post/perinatal depression

The post- or better said “peripartal depression” starts mostly in pregnancy and should be diagnosed as early as possibly. Symptomatics are mostly are subacute, and can be seen by aimed questions. Best help for the gynecologist is here his intuition. We have to think about shame of the pregnant woman, so we must be very careful. If a pregnant woman can confess her ideas we´ll have a much better prognosis. An early psychotherapy can help to cope or even hinder postpartal depression. This indication should be mentioned with highest priority. The best success could be seen by Bonding Analysis. Giving of antidepressiva should be minimized during pregnancy because of risks for the baby.

Further information: www.schroth-apv.com

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Prof. Sven Hildebrandt, D

is gynaecologist and obstetrician, actually president of isppm e.V. (but shall retire now), president of the Dresden Academy for individual birth accompaniment, professor in midwife sciences, University of applied Sciences Fulda as well as teacher at University of applied Sciences Innsbruck.

Sven Hildebrandt shall have the pleasure to say goodbye with his presentation on Saturday evening

“... and has born a child”

sacrament, experience of borders, peak of happiness, valley of joy – a special view on birth

We may feel much interested...

Board Elections

Dear members of ISPPM e.V.,
in 2016 we shall have new elections on the board. All six positions will be filled newly. From the last board only Wolfgang Bott and Johanna Schacht will be candidates for the new board.

We very much like to prepare the transfer best and have best continuity of our work. So we ask all of you who are interested in a board membership to contact us as soon as possible. Certainly you also can propose a third person, which whom we shall talk then.

Contact us via e-mail or phone (secretary@isppm.de , Tel. +49(0)611-97457598).

Best greetings

your board-team of isppm e.V.

Sven Hildebrandt, Helga Blazy, Gabriella Ferrari, Wolfgang Bott, Johanna Schacht

From the Network

APPPAH

The Conscious Baby Program for Parents

APPPAH is creating an online program for parents. The Conscious Baby Program for Parents™ is being built in the classroom right now. The first module is up and presents the overview of the program.

Account in the classroom here.

APPPAH Announces New Partnership With ICEA

"ICEA is excited to have a collaborative agreement with APPPAH. With so much emphasize on the medical side of pregnancy and birth, we often forget that the foundation for mental and emotional health begins before conception. The mental and physical health of a woman is important to the neurological development of her baby. At ICEA our motto is Freedom to Make Decisions Based on Knowledge of Alternatives. By collaborating with APPPAH our educators and doulas will have resources to help guide parents to make the

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best decisions for their baby," said Elizabeth Smith, ICEA Director of Public Policy and Board of Directors member." Read the press release [here](#).

The Fall 2016 issue (31-1) of JOPPPAH is now available [here](#).

Briefly

Prof. Dr. Elselijn Kingma (University of Southampton) has been awarded a prestigious European Research Council (ERC) grant of over € 1.2 million to pursue her **research program on the metaphysics of pregnancy, identity, and personhood**.

This project launches the metaphysics of pregnancy as an important and fundamental area of philosophical research. In collaboration with Dr. Fiona Woollard, Elselijn will further investigate these questions with the help of two PhD students and two postdoctoral researchers.

The team will begin by looking at the discussions and theories around metaphysics and philosophy of biology in the literature, and draw upon scientific knowledge to understand the physical role and function of the placenta. Further information about this project can be found here:

<http://www.southampton.ac.uk/philosophy/research/projects/bump.page>

Healthy Birth Healthy Earth Conference – Join the Inquiry

3-9th September 2016 at the Findhorn Foundation, Scotland.

The keynote sessions from the conference are being live streamed so you can join the inquiry. They will also be archived so you can catch up at your leisure or at a reasonable time.

12.5 hours approx in total. Not a download; access the **stream** by logging on.

Go to: <http://wholebeingfilms.com/product/healthy-birth-healthy-earth-stream/>

Join, virtually, this unique gathering of leading voices in the field of birth healing taking place at the Findhorn foundation in Scotland, a world famous centre for the transformation of consciousness in everyday life.

- Robbie Davis-Floyd
The Technocratic, Humanistic, and Holistic Paradigms of Birth and Health Care
- Robin Lim
Awakening Birth
- Binnie A Dansby
Birth Ecology is Earth Ecology
- Michel Odent
From the Neolithic Revolution to the Symbiotic Revolution 11.00 – 12.30
- Elena Tonetti Vladimirova
Correlation between birth complications and traumatic experiences within family lineage
- Angelina Martinez Miranda
Traditional Midwifery Through the Generations
- Ray Castellino and Mary Jackson
Preparing Families for Birth and Supporting Birth Resolution

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- Robin Grille
Neuro-social Evolution: How connectedness was lost and how to reclaim it for humanity's future

This conference is an inquiry into the transformation of human consciousness through re-visioning how we birth and care for our children.

Our earliest experiences as infants set the tone for how we later respond to the world around us. Our capacity to love ourselves, others and the Earth is either enabled or suppressed as we come into being. We are all born and have a story to tell.

Facing the challenges of climate change, can we think in life-affirming ways about this critical period of human bonding? From conception through to early childhood, a consciously supported beginning to life is crucial to the future of civilisation and the Earth.

Interesting articles can be found in the Online magazine "**The Conscious Baby**", which is published monthly by APPPAH <http://theconsciousbaby.com/>

Events Diary

Dates Conferences and Congresses

23 – 25 settembre 2016

Congresso ATTACCAMENTO E TRAUMA

Relazioni e Compassione

(ATTACHMENT AND TRAUMA: RELATIONSHIPS AND COMPASSION)

Roma

<http://www.italy-congress.com/#>

October 1 – 2, 2016

Attachment Parenting Congress

Hamburg

<http://www.attachment-parenting-kongress.de>

October 07 – 09, 2016

15th International Attachment Conference

Attachment and emotional Violence

Munich

<http://bindungskonferenz-muenchen.de/1-1-Home.html>

19 – 23 October 2016

Midwifery Today Conference

“Birth Is a Human Rights Issue”

Strasbourg, France

<http://midwiferytoday.com/conferences/Strasbourg2016/>

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Newsletter September 2016

19 October 2016

Human Rights in Childbirth: Europe Summit
Strasbourg, France

http://www.humanrightsinchildbirth.org/event/europe-2016/?event_date=2016-10-19

19 – 22 January 2017

2nd World Congress on Recurrent Pregnancy Loss (WCRPL 2017)
Cannes, France

<http://www.wcrpl.com/>

2 – 5 February 2017

Human Rights in Childbirth: India Conference
Mumbai, India

humanrightsinchildbirth.com/india-conference/

Further Education

In Germany:

Baby Therapy Training

With Rien Verdult

Contents: trauma therapy for babies, healing of attachment disorders
Soundness in prenatal psychology

Support for parents

Frequency: 12 weekends in 2016/2017 Sat: 11am - 19h Sun: 9am - 16h

Location: Trier, Germany, Cost: € 250 per weekend

More information: Sarah.Burgard@web.de, rien.verdult@skynet.be,

Registration: Sarah.Burgard@web.de, Tel: +49 (0) 6588-987049

Foundation Course

with Max Peschek and team in Parin at the Baltic Sea:

More Info: www.ippe.info/courses/intermediate_course.html

Information and registration: Max Peschek, peschek.max@t-online.de,

Tel.: +49 (0) 421 7 3210

In Switzerland:

Advanced Embodiment Course

With Karlton und Kathryn Terry and Peter Schindler

Place: Seminarhotel Wasserfallen near Basel

Information: http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek: peschek.max@t-online.de, Tel.: +49 (0)421 7 321

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Workshops/Seminars

In Belgium:

From Womb to World With Anna Verwaal

28. - 31. Oktober 2016

Daytickets available. Seminar will be in Dutch.
Alden Biesen, Kasteelstraat 6, Bilzen, Belgium
Tickets and Information: www.birthimprints.com

"Healing from the very beginning"

Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols
The course will be held in English. Translation in German and Dutch is possible.
Information: Marleen Dols, marleendols@online.nl
Website: <http://www.birthimprints.com>

In Switzerland:

The Art of the Tryptic with Karlton Terry

2 - 17 November 2016

Location: Seminarhotel Wasserfallen near Basel

More Information:

http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek, peschek.max@t-online.de, +49 (0)421
7 3210

Karlton Terry will be in Basel for **Baby Clinic:**

19/20 November 2016

<http://www.isppm.ch/programm/karlton-terry/>

In Austria:

Babytherapy Advanced Workshop

With Karlton Terry

Treatment of IVF-Babys

Location: Vienna

Date: October 30 - November 2, 2015

Information and registration: Claudia Versluis, claudia.versluis@aon.at

In England:

Courses with Matthew Appleton and Jenni Meyer:

Soul Loss: A Pre and Perinatal Perspective

The Birth Journey – Honouring the Untold Story and others:

<http://www.conscious-embodiment.co.uk/courses>

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Gems of Ancient Wisdom

Workshop with Antonella Sansone
Before Conception throughout Pregnancy, Birth and Parenting
A visit to the Himba, a tribe of Namibia, with images of their social
life and allomothering

For further details or to book a place contact:
E-Mail: antonellasansone8@gmail.com , Phone: 07947764431

Online:

Professional Seminars with APPPAH:

You can see about the complete Education Department offerings at
birthpsychology.com



Foto: VDN/Kuhn Uli

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