

Newsletter No. 1_2014

Editorial

Dear ISPPM Members!

I cordially want to greet you all for the new year! On behalf of the newly elected Board, I wish us all a happy, successful and healthy 2014. We have started into the second term of the "new" ISPPM with much enthusiasm and great goals together evolving as an ever more lively and important organization, scientifically enriching views of our Subject. We already have achieved much, but many tasks are still ahead of us.



For example, we want to promote the internationality of ISPPM. An important step is the creation of several country groups within the ISPPM during the Annual Members' Assembly in Stolpen. A further step on this path is the next annual conference taking place in Maastricht/Netherlands.

Another project is better networking within the ISPPM and with other professional societies. Therefore we want to develop the communication channels and build new connections. Re-launching the ISPPM website will play a key role; we want more transparency, knowledge transfer and communication.

For years, we have been struggling for a continuing education program in prenatal psychology. The International Educational Committee (IEC) are responsible for the implementation of a curriculum within the ISPPM. They are firmly committed to concepts and structures and welcome supportive participation from the membership. I want to advertise their explicit invitation to involve you in this important area. Any idea, bold thinking and practical help is welcome!

Now once again all the best for 2014 and best wishes

yours

Dr. Sven Hildebrandt, President ISPPM

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From the Board

New board member

Chris Maibach (Chairman of the Extended Board)

The discovery of the prenatal dimension has opened a lot of doors in my life. For that I am enormously grateful. This gratitude, I would like to return in the form of a voluntary commitment of the professional organization in this field, the ISPPM.

Internally I want to enable for successful, functional and pleasurable work under the patronage of the Association. External I would like to contribute effectively to carry the relevance of the prenatal dimension of life into society.

Definitely am looking forward very much to the coming time and the numerous challenges that wait for me.



My background :

Apprenticeship as an electrician, graduate as high school teacher for Science subjects at the University of Fribourg (CH) , graduate students as a supervisor and coach at the University of St. Gallen (CH), two years of training with Franz Renggli in prenatal body psychotherapy (CH), training as an instructor for Stone Age survival techniques (CH).

I have more than twenty years experience in association work in management positions, as well as ten years experience as a trainer and instructor for personality development. For several years I have now been working with consulting engineers and technicians on their way to a new career challenge.

Further use of the preauthorized payment mandate as a SEPA debit note mandate

As already announced at the Members' General Assembly, your pre-authorized payment mandate is continued as a SEPA debit note mandate as of the year 2014. As of February 2014 only the Europe-wide uniform SEPA payment transactions are valid. Every member gets a mandate reference number of your own, which as a rule consists of your name and your joining date. The creditor identification number is: DE28ZZZ00000041757. The direct debits are executed for the year at the end of July as decided by the general meeting in 2013. Please,

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inform us of your bank data, if you have not advised us in writing before, or if it has changed.

Yours sincerely

Wolfgang Bott, treasurer ISPPM

From the Working Groups

WG Psychotherapy and Psychosomatics

The WG Psychotherapy and Psychosomatics is planning a list of therapists for the ISPPM website, which will replace the current improvised one. For this purpose 15 members of the WG psychotherapy have already shared their data. We have oriented at the list on the website of the ISPPM Switzerland (see <http://www.isppm.ch>). We would now like to inform the members of ISPPM about this plan and ask those who want to be included in this list, to send me (janus.ludwig @ gmail.com) and Marita Klippel- Heidekrüger (klippelheidekrueger@hotmail.com) your information. For any questions contact us (Tel: 06221 801 650 Janus, telephone Klippel- Heidekrüger 0308514609). The pattern for the data would be, as I said, the website of the isppm.ch. We ask you to send the data to two weeks after the dispatch of the newsletter.

For the AG Psychotherapy, Ludwig Janus

02. - 04.May 2014, the WG Psychotherapy and Psychosomatics meets in Berlin.

The plan is a common acquaintance of WG members and an exchange of views on the specific and differing working methods that take into account the pre-, peri -and postnatal trauma and stress factors.

The meeting will also serve to formulate a shared vision of our other activities outwards. This includes planning of meetings, spreading the pre-, peri -and postnatal psychology approaches in other therapy methods etc.

We invite other ISPPM members to participate in our first WG meeting.

Overnight stay in a beautiful new hotel will be provided. The price per night in a double room with breakfast is € 79.00. If two members share a double room the price is € 39.50. In order to spare further expenses for participants, I offer my practice and private rooms for our " 1. WG meeting" (approx. 3 min. walking from the hotel) free of charge. Small restaurants, there are

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plenty in the area.

Applications and suggestions for this meeting, please contact my email address :

klippelheidekrueger@hotmail.com

Tel : 004930 8514609

For the AG psychotherapy, Marita Klippel-Heidekrüger

Dates isppm e.V.

At the suggestion of our member Paula Diederichs, we plan to be present with a booth on the "15th German Children and Youth Welfare Day" 3rd - 5th June 2014 in Berlin. For this we need volunteers who are willing to represent the ISPPM e.V. there for a few hours. Please contact Karin Klein, our representative for public relations and press work. Contact:

k.klein@bindungsanalyse-rheinland.de

<http://www.jugendhilfetag.de/>

Extended Board Meeting: Friday February 28 – Saturday March 01, 2014 in Celle

Meeting WG Psychotherapy: May 2 – 4, 2014 in Berlin

International Congress 2014: November 1 – 2, 2014 in Maastricht, Hotel L'Empereur
"Pregnancy and Birth shape life – Integration of pre-and perinatal psychology in (mental) health care"

The ISPPM, amongst other things, makes an effort to give the pre- and perinatal psychology a prominent place in health care.

The acquired knowledge around brain research and the influences of pregnancy and birth on the (unborn) baby, compels us to also look at the psychological and emotional consequences of birth and pregnancy. The above mentioned can have consequences for behavior and physical and emotional wellbeing. When we acknowledge traumas can already arise during pregnancy and birth and that they can be healed, this can be of great influence on the vision within (psychological) healthcare.

A group of therapists from The Netherlands and Belgium that have their attention on the

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prenatal and birth work are delighted to organize the congress in the Netherlands (Maastricht) in behalf of the ISPPM Germany.

By providing information at this congress through plenary lectures and workshops we hope to achieve recognition and integration within all kinds of disciplines.

National and international speakers that are invited, shall discuss various aspects of pre- and perinatal themes. Colloquial speech is English.

The congress is for all professionals and non professionals who are interested in pre- and perinatal psychology.

Takes place in: Hotel L'Empereur, Stationsstraat 2, Maastricht

<http://www.hotelempereur.nl>

Below the provisional list of speakers at the congress:

Matthew Appleton :

- The influence of birthtrauma on the physical and emotional wellbeing of the baby
(United Kingdom, www.matthew-appleton.co.uk)

Bea van de Bergh :

- The influence of obesity during pregnancy on the development of the baby.
(Netherlands, www.tilburguniversity.edu/nl/webwijs/show/?uid=bea.vdnbergh)

Nikk Conneman :

- Nidcap, the Newborn Individualized Development Care and Assessment Programm
(Netherlands, www.nidcap.org/training)

Thomas Harms :

- First aid for crying babies
(Germany, www.zepp-bremen.de)

Ludwig Janus :

- Speech at the party evening
(Germany, www.ludwig-janus.de)

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Klaus Käppeli :

- IVF, consequences for baby and family
(Switzerland, -)

Kathryn Kier:

- Birth intro
(USA, www.IPPE.info)

Franz Renggli :

- The Golden Gate to life, how can we heal our trauma from birth and pregnancy
(Switzerland, www.franz-renggli.ch)

Barbara Schlochow :

- Lost twin
(Switzerland, www.babaraschlochow.ch)

Elena Tonetti :

- Birth into being: Limbic imprint Re-Coding
(USA, www.birthintobeing.com)

Jaap van de Wal :

- The embryo in us – About soul and consciousness in the Womb
(Netherlands, www.embryo.nl)

Anna Verwaal :

- The influence of your own birth on the birth of your child.
(USA, www.fromwombtoworld.com)

Best regards

Marleen Dols

Sylvie Geerdens

Annelies van Geest

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Sylvia Verduin
Yvonne Welling

Contact: ispmmcongres2014@gmail.com

Annual Conference 2015: October 23 – 25, 2015 in Berlin

Decision of the Extended Board: The 2015 Annual Conference is thematically aligned on the basis of the "Charter of rights of unborn children ..." and taking into account inadequate prenatal and perinatal mother- and-child-protection.

Invitation to ISPPM members interested in working with us to prepare this isppm conference in 2015 in Berlin.

Current organisation team: Irene Behrmann, Paula Diederichs, Eva-Maria Müller- Markfort, Dr. Annette Schepper

Contact: Irene.Behrmann@t-online.de

Congress Dates

9 - 10 April, 2014

Optimising Childbirth Across Europe

An Interdisciplinary Maternity Care Conference

Vrije Universiteit Brussel (Etterbeek campus), Brussels, Belgium

Part-funded by the COST Action IS0907: Childbirth Cultures, Concerns, and Consequences: Creating a dynamic EU framework for optimal maternity care

<http://optimisebirth.com/page/7/home/>

14 - 18 June, 2014

14th WAIHM World Congress

Babies: Their Contributions - Our Responsibilities

Hosted by AIMH UK, Edinburgh

<http://www.waimh.org/i4a/pages/index.cfm?pageid=1>

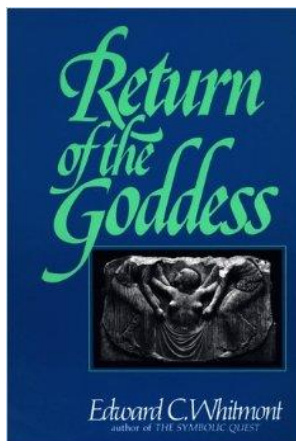
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News

News from our area can always be found on our Facebook page. Just click this link:
<http://de-de.facebook.com/pages/ISPPM-eV/124066644364106>

Mr. Janus is committed to the publication of the correspondence between Sigmund Freud and Otto Rank (in German). It's about a grant for the cost of printing by a so-called sponsorship for 100, - €. If you are interested to participate here, please ask Mr. Janus for more information.
janus.ludwig@gmail.com.

Book Tipps



Edward C. Whitmont

Return of the Goddess

Continuum Intl Pub Group (Sd); Revised edition 1997

Exploring the psychological implications of the sexual continuum, Whitmont's *Return of the Goddess* alerts us to the potential of our current situation wherein a "new mythologem is arising in our midst and asks to be integrated into our modern frame of reference. It is the myth of the ancient Goddess who once ruled earth and heaven before the advent of the patriarchy and of the patriarchal religions."

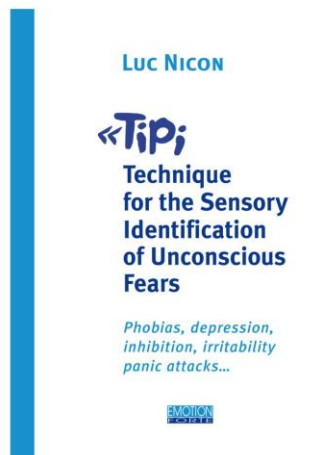
Truly a "myth for our times," Whitmont traces the evolution of consciousness through its magical, mythical and mental phases in the history of the world and urges both male and female readers to affirm a state of "psychological pregnancy and thereby reclaim one's own femininity, the personalizing and civilizing force arising out of subjective chaos."

Whitmont's book is a vital tool for those interested in the reintegration of Western society at a

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time when scientism, materialism and the faux enlightenment of prosperity have reached their outer limits...

(Robert L. Rose, amazon book)



Luc Nicon

Tipi : technique for the sensory identification of unconscious fears

Editions Emotion Forte 2010

Within the context of a research protocol about unconscious fears, out of 278 suffering from phobias, depression, inhibition, irritability and anxiety, only 2% did not reach full healing of their emotional handicap. For 79% of the participants, healing was achieved after one single session. Of the remaining 19%, only very exceptionally were more than two sessions required to achieve the same result.

These figures may appear outrageous because of the phenomenal outcome, yet they are the result of this study, which was carried out in complete transparency by the association and is presented in this book.

Nevertheless, far more than a new therapeutic approach, Luc Nicon reveals to us a true revolution in the way we perceive the emotional functioning of humans. Through this study, the events experienced in the pre-natal period turn out to be decisive for the origin of our fears, of our emotional suffering, and more generally, in the construction of our personality.

Luc Nicon, expert in pedagogy and behavioral communication, is the author of Understanding One's Emotions, which was published in 2003. Today he dedicates his time to the training of therapists and to new research based on the discoveries concerning the origin of unconscious fears.

<http://www.emotionforte.com/tipi-technique-for-the-sensory-identification-or-unconscious-fears/>