

Newsletter No. 3

July 2011

Dear Members of ISPPM e.V.!

This newsletter is dedicated to the first meeting of the Extended Board, dated the 14th-15th May in Lübeck in the practice of Heiner Alberti and Bettina took place. It was a thoroughly successful start; old friendships were renewed, new made and a very constructive working atmosphere created.

Present were:

Board:

Dr. Sven Hildebrandt, Dr. Gabriella Ferrari, Dr. Helga Blazy, Wolfgang Bott, Johanna Schacht, Heiner Alberti

Extended Board:

Bettina Alberti, Dr. Horia Crisan, Simon H. House, Dr. Rupert Linder, Dr. Otwin Linderkamp

Many thanks to the hosts and participants!



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Message from the Board

The board has created rules of procedure, financial rules and a budget for the current year. Business and financial regulations will be translated and sent to all members in due time before the next general meeting at the annual meeting in Frankfurt / M.

During the general meeting we have to decide an amendment of the statutes. It's inevitable for the registration of our society by law. In the next time we'll send you the text of the amendment.

At the suggestion of Dr. Ludwig Janus we will create some professional groups-specific flyers to members operate more targeted advertising.

Our new website is already online, it is currently still under construction. Take a look at the usual domain: www.isppm.de. We wish to express feedback from members page, praise, suggestions, criticisms, please contact Christof under Plothe or Johanna secretary@isppm.de shaft.

In addition, Dr. Sven Hildebrand has created an entry in Wikipedia: <http://de.wikipedia.org/wiki/ISPPM>. We would like to ask you to register there and take notes on the article, where it will be deleted soon again.

Gisela Wallbruch was commissioned by the Board to prepare a concept for an information center with a library of ISPPM eV.

To our great relief, the liquidation of the old ISPPM is very likely to be complete without arrears. Axel Bischoff may pay additional claims by his collection of old outstanding dues.

The establishment of a branch office for the Board has now the highest priority and will, if time permits, cash position established to professionalize the work on the board.



INTERNATIONAL SOCIETY FOR PRE- AND PERINATAL PSYCHOLOGY AND MEDICINE e.V.

Wurzeln des Lebens –

Die pränatale Psychologie im Kontext von Wissenschaft, Heilkunde, Geburtshilfe und Seelsorge

Roots of life –

Prenatal Psychology in the Scientific, Therapeutic, Obstetric and Counseling Context

Internationale Jahrestagung der ISPPM; International Annual Conference of ISPPM

Haus am Dom, Frankfurt am Main, 21.-23. Oktober 2011

Annual Conference 2011

This year we are gathering in Frankfurt / M. Haus am Dom, an educational institution of the Catholic Church http://de.wikipedia.org/wiki/Haus_am_Dom. The great room is rented, so we expect large number of participants. The Congress will start on Friday, 21 October, till Sunday lunch. On Friday there will be workshops in advance of the main program. Friday night will convene the General Assembly. This year for the first time there will be a joint cultural program with music and buffet on Saturday evening.

We recommend individual working groups (AGs) to meet on Thursday, if it is feasible. We recommend two hotels near the conference site: The Hotel am Dom, also quartered in which the Board is (www.hotelamdom.de), and the Spenerhaus (www.spenerhaus.de).

Please book for yourself and sign up now for the conference - an application form and the program is the round-mail newsletter attached.

Please pass on our conference announcement in your network and you will help attract more people and institutions for the ISPPM. And above all: Come visit us and speak at the meeting of your experiences with the pre- and perinatal area. We look forward to a good extension of our joint experience ...

Help with the current organizational meeting at the site (registration, certification, books, table, queries) is very welcome. Please contact Helga Blazy nc-blazyhe@netcologne.de

Thank you!

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Reports from the Working Groups (AGs)

The Board of ISPPM forms together with the speakers of the General Board of AGs. As chairman of the General Board Heiner Alberti led the session.

AG Natural scientific basics

Speaker: Dr. Otwin Linderkamp (olinderkamp@yahoo.de)

Particularly in Germany, there was a long debate as to whether psychology is part of the humanities or the natural sciences. Dilthey depreciated the natural science orientation in his book published in 1894 as Dissecting-Explanatory Psychology, while the humanities orientation was called Descriptive-Understanding Psychology. Today research using natural scientific methods is generally accepted and has led to the specialty called “Biological” or “Physiological Psychology”. Moreover, it includes Neuropsychology with special emphasis on interactions between psychological and neurophysiological processes.

In principle, natural scientific basics of psychology are used to explain observable behaviour. The research applies empiric-experimental techniques including controlled observations and defined experiments in humans and animals. Examples of controlled observations are recordings of responses (by ultrasound or heart rate) of the unborn child to external stimuli such as music or touch or long-term studies on effects of maternal stress on child development. Experiments include animal models using effects of defined maternal stress on the development of their offspring (e.g. behaviour, learning, stress response, hormones, growth). Although there are wide-spread reservations about experiments (in particular, animal models), natural scientific basics are of considerable importance for understanding, acceptance and further development of the work and ideas of the ISPPM.

A major task of the AG (Working group) “Natural scientific basics“ is to analyse published research and to judge their meaning for our work and ideas. The following topics appear particularly relevant:

- Normal development of the brain (structure, functions)
- Physiological influences of brain development (genetic and epigenetic processes, nutrition, hormones)
- Development of consciousness, perception, cognitive competencies (attention, thinking, learning, memory, speech), acting, personality etc.
- Behaviour and experience of the child before, during and after birth

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- Normal and disturbed interaction of mother and child before and after birth
- Cultural differences
- Effects of prenatal and postnatal stimulation (music, touch, light etc.)
- Unfavourable environmental influences (drugs, smoking, pollutants, noise, medication)
- Effects of stress, fear, emotions, negative attitude of the mother towards her child
- Birth stress/trauma (Caesarean section, preterm birth, noise, bright light, separation from the mother, medical and nursing interventions)
- ...

Further suggestions are welcome.

I propose to present short summaries of new publications and brief reviews on relevant topics in regular newsletters of our society.

Otwin Linderkamp

AG Bonding Analysis

Speaker: Dr. Ludwig Janus (lujanus@aol.com)

The AG Bonding Analysis currently consists of 50 members, the participants of the previous three courses, some of which have become also members of the ISPPM. The work of the AG is primarily based on the book "The umbilical cord of the Soul" by György Hidas and Jenő Raffai and the by Helga Blazy edited proceedings "What if you hear an inner voice". To mention the various works by Jenő Raffai in the journal. The courses have shown that the Bonding analysis can be learned in relatively short time and is practicable. The participants of the courses are mostly midwives and psychotherapists, but also counselors, gynecologists, etc.

The experience gained from the Bonding Analysis are also valuable for other areas, such as psychotherapy, pregnancy counseling, etc.

In May, a website has been established: www.bindungsanalyse.de. This website is mainly used for the information of clients, but also provides an orientation about Bonding Analysis.

The courses with Jenő Raffai will be organized by me and will be announced on my website www.Ludwigs-Janus.de. The next course in Heidelberg is scheduled for November. Another course begins in October in Vienna. This course is organized from "Aktion Leben".

When Helga Blazy together with Arno Wirtz in Hilden organized a conference for

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Bonding Analysis on 4 June at 14.00 clock a constituent meeting of the AG took place. The current situation and future plans were discussed. Twice a year on the weekends with supervision by Jenő Raffai it is planned, that the AG Bonding Analysis meets every Saturday morning from 10.00-12.00 clock [something wrong!]. The first of these meetings is planned for the 24.9.. Janus Ludwig and Gerhard Schroth are responsible for the organization and Katrin Wahl for the website.

Ludwig Janus

AG Cultural Psychology

Speaker: Dr. Horia Crisan (horia.crisan@t-online.de; dr.crisan@sigma-klinik.de)

Already in 1924 Otto Rank opened the wide field of an increasingly elaborate discussion about the influence of the preverbal, pre- and perinatal experience upon society, religion, philosophy, architecture, mythology, etc., consequently upon all that we call human culture. Since these early preverbal contents are not directly available to our symbolically organized consciousness and frequently emerge only in projections, an approach involving depth psychology in the broadest sense seems appropriate. The AG "Cultural Psychology" tries first to specify the questions dealt with and to set priorities. Personal meetings should take place irregularly, and in order to enable communication without greater effort a telephone conference will be set up. The AG is open to interested persons who are not or not yet ISPPM members, too. A first meeting took place on the 15th of April 2011 in Heidelberg, where Ludwig Janus, Klaus Evertz und Horia Crisan were present. Possible publications and conferences are under discussion.

In Heidelberg we narrowed down the following subject areas:

- psychoevolution, i.e. by which criteria could it be assessed;
- cultural evolution as a subject matter bound up with it;
- psychohistory, a field which is already extensively dealt with by Ludwig Janus;
- epistemological aspects of art and science;
- social and ethical consequences of pre- and perinatal traumas and the projective distortions connected with them;

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- influence of the awareness of prenatal experience upon religion and mysticism (demystification as a way to a new religious understanding on a mature level).

A broadening of this not exhaustive list is possible and desirable, further remarks and suggestions would be gratefully accepted.

Horia Crisan

AG Becoming parents

Speaker: Irene Behrmann (irene.behrmann@t-online.de)

Other members: Sabine Weller, Johanna Schacht
Cooperation with Green Birth e.V.

Nationwide teacher training on 'pregnancy, birth and parents' including background information on prenatal psychology are planned

Federal Ministers Conference has become aware of the offer and would like to install the teacher training in all provinces

In Hessen (federal state of Germany) there was an appointment in the Office of Teacher Education. For 2012, there is the possibility of a one-day conference co-teachers at the Goethe University Academy of Frankfurt / M. to, target group: teachers available, teaching students, students

At Bremen, Lower Saxony, Berlin, North Rhine-Westphalia, Saxony and Bavaria, there are contacts

How to develop remains to be seen

Irene Behrmann

AG Relations / Dynamics

Speaker: Simon H. House (shhouse@ntlworld.com)

Other members: Otwin Linderkamp, Johanna Schacht

The aim of this AG is to resolve conflicts between members and groups of the ISPPM, to

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achieve amicable and permanent solutions and not let past conflicts break open again. Conflicts that were public at the founding meeting in Alfter should be regarded as settled. The parties should become fully trusting, or at least treat each other respectfully. We should value the future of ISPPM higher than our own injuries. Someone suggested that the function of an Ombudsman should be exercised by Simon House alone, rather than by this AG. In conflicts Simon House is the contact; he may consult with members of the group.

AG Psychotherapy

Speaker: Dr. Ludwig Janus (lujanus@aol.com)

Other members: Bettina Alberti and Marita Klippel-Heidekrüger.

This AG will have a constituent meeting of its organizational structure, at the Congress in October, when we can discuss its future planning. An interest in psychotherapy is an orientation rather than an obligation. In this sense, all members are interested in the Psychotherapy AG as part of ISPPM. Members are welcome to contact me so we can create a first member list to be invited, when the October Congress program is finalized, to the inaugural meeting.

Psychotherapy was always a priority in the ISPPM and should remain so. A meeting could be in the spring with an overview of the current state. Will give a good overview of Helga Levend's and my "Bond - Relationship Begins Before Birth", (editor's working title), which appeared in August in the Mattes Verlag. In July, a revised and expanded edition of my book, "How the soul is created - before our mental life, during and after birth" is published by Mattes. Also Peter Schindler's book "In the beginning of life - new body-psychotherapeutic insights about our earliest coinage through pregnancy and childbirth", Schwabe, Basel, is significant for our field. For the late autumn, the book is "Cry-Babies Heal" planned by Karlton Terry. My book about the inclusion of prenatal life and birth in psychotherapy is planned for the winter. Important insights and examples have indeed been given in "The soul feels from the beginning" by Bettina Alberti: Kosel. You see, the field is in a lively movement and we look forward to your interest and participation.

Ludwig Janus

AG Fundraising/Sponsoring

Speaker: Wolfgang Bott (w.bott@arcor.de)

Horia Crisan has arranged for the SIGMA-Clinic is sponsoring our new website. Thank

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you for this!

AG International Networking

Speaker: Dr. Rupert Linder (post@dr-linder.de)

- Dr. Linder's participation at the last Congress APPPAH
- Question: Self-image of Switzerland ISPPM? -> Country Group (formerly known as "Chapter")
- International relations -> structures must be improved, their own self-understanding to clarify network is already established
- list of international contacts will be created and developed a strategy for networking with international organizations

AG International Educational Committee

Speaker: Olga Gouni (info@cosmoanelixis.gr)

Report: Dr. Gabriella Ferrari

- Power Point presentation strategy for the construction of training along the lines of ANEP by Gabriella
- Olga committed to building a university study program in Mexico

New acting AGs:

Cologne Regional Group:

Speaker: Dr. Helga Blazy (nc-blazyhe@netcologne.de)

The previous long-time AG of Cologne ISPPM which met at Hilden in June this year, and is still well represented in at meetings of the ISPPM, brought financial support and still does, but is changed. You will like this private association of interested parties to read and discuss literature. This was in fact the only AG of the old association, which was active for many years. Now may the fullness of the new AG on the one hand help the Board in its duties, on the other, further develop its own activities.

Helga Blazy

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Dr. Miklosko from Slovakia has long been advocated for a corporation "adoption and early postnatal problems," but was not included in the AG. That should happen soon.

Helga Blazy

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Speaker: Johanna Schacht (joh_schacht@web.de)

Other members: Dr. Otwin Linderkamp, Simon H. House

The circular letter is to be extended to a member magazine and in the future contain a section on new research findings from our field.

Inactive Working Groups

Working groups, which show no activity for over a year should, by the General Board regarding the continuation of the speakers and will be discussed.

Ideas, Perspectives and Projects

Networking with Psychosomatic associations

Networking with Sinn-Stiftung

Cooperation with respect to a Master's program in "pedagogics of prenatal time and early childhood" at a state-approved private distant university, which is building up by Sinn-Stiftung, is explored.

Fundraising

Bosch Stiftung
EU funds

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Congress 2012 and 2013

2012 years Conference Germany, and again in 2013 for triennial elections. 2014 we are planning a conference in an other country.

Lifecycle education for lifecycle health

In Great Britain, Simon House as chair of The McCarrison Society for Nutrition & Health, is cooperating with the Mother and Child Foundation, on a Congress on "Education for Lifecycle Lifecycle Health - Stop Global Poverty and Malnutrition – particularly in relation to childbearing." This would be 2012 or 2013.

Location and theme may attract members of the ISPPM, Lake Foundation and other prenatal organizations. Financial aspects that threaten children's health would be included: 1. Global poverty and malnutrition, linked with ecological damage; 2. Marketing of harmful foods – formula milk instead of breast milk, junk food, drugs, cigarettes, alcohol, etc. Many economic and political interests compete with the public good. Celebrated authors and charities, some specialist, now struggle against these powerful interests. By adding the weight of our expert knowledge and we can increase the pressure in this fight. The concept of "lifecycle education for lifecycle health" will be presented for children can receive healthy and happy and conception and upbringing.

This is about a whole life. Just now the media are full of these aspects. We need to "strike while the iron is hot".

Have a nice summer time! We look forward to seeing you again in October in Frankfurt / Main!

Best wishes on behalf of the Board

Johanna Schacht
Secretary ISPPM e.V.

