

## From the Board

#### **Advertisement Board Elections**

Dear members of ISPPM e.V.,

in 2016 will be elections of a new board. All six positions become newly elected:

- President
- Vice-President
- Vice-President
- Chairman of the extended board
- Treasurer
- Secretary

From the actual board only Wolfgang Bott and Johanna Schacht will be candidates for a third term.

We like very much to prepare the transition well and hold to the continuity of our work.

So we ask all persons interested in an application for the new board team (actually the position is yet secondary) to contact us (E-Mail <a href="mailto:secretary@isppm.de">secretary@isppm.de</a> / Tel. +49(0)611-97457598).

Feel free to make suggestions for others that we shall address.

With best greetings and wishes,

Your board team of isppm e.V. Sven Hildebrandt, Helga Blazy, Gabriella Ferrari, Wolfgang Bott, Johanna Schacht

## **Please Note!**

Wolfgang Bott has got a new email address: info@wolfgangbott.de

## From the Extended Board

The extended board including the scientific advisory board held a meeting in Wiesbaden, Germany, during the weekend before Easter. We had a productive discussion about various topics, i.e., how to deal with the theme of spirituality. Furthermore, future perspectives for our society gained shape. In the future, the membership should be tied more to involvement in the processes of shaping internal opinion and in content related development than before. It was decided that, beginning in the next legislative period, we will hold internal working conferences centered around communication and exchange alternating with big public conferences with presentations.

In addition, we will establish an online member forum, where discussions about present literature and exchange of ideas can be shared. The next newsletter will bring more information on that.

We are happy to inform you that Paula Diederichs, Prof. Dr. Amara Eckert and Dr. Alin Cotiga will be running as candidates for the next board team. However, we still need more candidates in order to fill the last vacant position and also, to have a real choice.

Presider

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We will mail the minutes of the closed meeting to members who are interested in it. Please contact us at <a href="mailto:secretary@isppm.de">secretary@isppm.de</a>.

The following new Work Groups are looking for further members. In case of interest, please contact the persons indicated!

Work Group "Womb Twin Survivor"

Contact: Petra Becker and Britta Steinbach, E-Mail: info@twin-light.de

Work Group "Prevention in Obstetrics"

Contact: Judith Raunig, Vienna, E-Mail: info@nach-dem-kaiserschnitt.at

Work Group "Children's Rights" should already take up its work provisionally until the work group would be formally founded at the next general meeting. Anyone interested in participating in this working group, please contact the board via E-mail: secretary@isppm.de

## From the Network

The OMAEP (World Organization for Prenatal Education) has started a task force to formulate a manifest of "Conscious Early Parenting Principles", in which APPAH, MMM (Making Mothers Matter), 1001 Critical Days Initiative, and ISPPM participate. It is the goal to create a common basis and a strong voice for reaching our goals at the UN, the WHO, and the respective national political level.

## **ENCA Conference**

Directly between the **WHO** publication about "Prevention and elimination of disrespect and abuse during childbirth - Greater support from governments and development partners for research and action" and the **UNO** appeal to fight violence against women has **ENCA**, the European Network of Childbirth Associations organized **the European expert conference** "Violence in **Childbirth**", thus addressing a burning and explosive issue.

Women from 20 European countries held a meeting at Berlin on April 9, 2016, to share ideas about the present situation, the reasons for and the results from violent actions against women during childbirth. Two of the speakers at the ENCA meeting, Beverly Beech (AIMS, UK) and Dr. Katharina Hartmann (Roses Revolution, Germany) presented the issue of "Human Rights in Childbirth" already twice at the International Conference of Jurists, Midwives, and Obstreticians, at Den Haag in 2012 and at Zagreb in 2014.

Activists from Spain, UK, Bosnia-Herzegovina, and Germany reported about the situation of childbirth in their respective countries. In subsequent workshops they answered questions of the participants. The meeting's main issue was to bring the theme of violence in childbirth out of the taboo zone, to create public space for those affected, and to propel networking among the European activists.

Experiences during childbirth include, i.e., imposed medical interventions or those which were performed without explicit consent, unnecessary medical exams, and humiliations and insults of the women giving birth. More and more women affected in Germany and all over Europe speak out to pinpoint these conditions as acts of violence and to ensure significant changes.

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Together with participating organizations ENCA and GfG demand the following:

- Respect for women's natural ability to give birth and of human rights of mother and child
- One-on-one care during birth
- Implementation of the right of choice for the location of the birth
- Coverage of psycho-social and therapeutic care of the victims through health plans
- Services suitable for migrant women.

The 23rd annual meeting of ENCA was organized through the GfG, a German Society for Prenatal Care – Family Education and Women's Health – Federal Association e.V. under the leadership of its honorary president Elisabeth Geisel. Elisabeth Geisel is the founder and coordinator of ENCA, which unites organizations from 20 European countries. This expert conference was sponsored by the Mary Ann Kübel Foundation.

Contact: Elisabeth Geisel, Tel. 030-45026920, Fax 030-45026921

E-Mail: <a href="mailto:gfg@gfg-bv.de">gfg@gfg-bv.de</a> Web: <a href="mailto:www.enca.info">www.enca.info</a>

The Spring 2016 issue (30-3) of JOPPPAH is now available <a href="https://birthpsychology.com/journals/volume-30-issue-3">https://birthpsychology.com/journals/volume-30-issue-3</a>

For more information from our fields please visit our facebook page.

# **Events Diary**

# Dates isppm e.V.

October 21 – 23, 2016
28<sup>th</sup> Annual Conference in Stolpen near Dresden
Attachment/Bonding and birth in the transgenerational context
Birth as a resilience factor mental health
Mental Health as a resilience factor of birth

The program will be online soon.

# **Dates Conferences and Congresses**

May 17 – 20, 2016 21st International Congress of A.P.P.A.C. Athens. Greece

http://www.appac.gr/displayitm1.asp?itmid=18&lang=en

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May 28 - 30, 2016

International Scientific and Practical Conference

Science and Birth Culture: Advances of modern science and culture in the interest of preservation of family health

Perinatal Psychology and Family Medicine

St. Petersburg

In the program: lectures on the prenatal psychology and medical aspects of pregnancy, birth and family health, experiences gained from the resource-oriented psychotherapy; Presentations of prenatal education classes and schools for parents; Film presentation "I feel - therefore I am" (a video essay on the 27th Congress of ISPPM in Berlin); Workshops.

The language of the conference is Russian, but we can provide translation for our guests. Please let us know as soon as possible about your wish to attend, so we can prepare everything in time.

Contact and additional information: <u>tsg86.98@gmail.com</u> (Galina Tcyganok, coorganizer of the conference)

May 29 - June 2, 2016

15th WAIMH World Congress

Infant Mental Health in a rapidly changing world: Conflict, adversity, and resilience

Hosted by Israeli and Palestinian Infant Mental Health Associations, Prague <a href="http://www.waimh.org/i4a/pages/index.cfm?pageid=3298">http://www.waimh.org/i4a/pages/index.cfm?pageid=3298</a>

June 10 – 12, 2016
Bondingsanalysis Conference
"Der Neuland Seefahrer beginnt die Reise"
Cologne

Flyer Download

June 15 – 18, 2016

XXV European Congress of Perinatal Medicine (ECPM)

organized by the European Association of Perinatal Medicine (EAPM) Maastricht

https://www.eiseverywhere.com//ehome/144836

September 3 – 9, 2016 Healthy Birth, Healthy Earth

A Findhorn Foundation Conference

https://www.findhorn.org/programmes/193/

September 7 – 10

The 2016 International Conference on Stillbirth, SIDS and Baby Survival

residen

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Montevideo, Uruguay
The deadline for receipt of abstracts is March 31, 2016
http://stillbirthalliance.org/news/conferences/isaispid-conference-2016/

September 16/17, 2016 2016 APPPAH Regional Conference

Bastyr University, 14500 Juanita Drive, Kenmore, WA 98028

Pathways to Prenatal Wholeness: Integrating Healthcare Disciplines in a 21st Century Dialogue

https://birthpsychology.com/events/2016-apppah-regional-conference

23 – 25 settembre 2016 Congresso ATTACCAMENTO E TRAUMA

Relazioni e Compassione

(ATTACHMENT AND TRAUMA: RELATIONSHIPS AND COMPASSION)
Roma

http://www.italy-congress.com/#

October 1 – 2, 2016 Attachment Parenting Congress

Hamburg

http://www.attachment-parenting-kongress.de

October 07 – 09, 2016 15<sup>th</sup> International Attachment Conference

**Attachment and emotional Violence** 

Munich

http://bindungskonferenz-muenchen.de/1-1-Home.html

19 - 23 October 2016

Midwifery Today Conference

"Birth Is a Human Rights Issue"

Strasbourg, France

http://midwiferytoday.com/conferences/Strasbourg2016/

January, 2017

**Human Rights in Childbirth: India Conference** 

Bangalore, India

humanrightsinchildbirth.com/india-conference/

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## **Further Education**

In Germany:

## **Baby Therapy Training**

With Rien Verdult

Contents: trauma therapy for babies, healing of attachment disorders

Soundness in prenatal psychology

Support for parents

Frequency: 12 weekends in 2016/2017 Sat: 11am - 19h Sun: 9am - 16h

Data: 2016: 28/29 May 3/4 Sept, 1/2 Oct, Nov and 12/13 17/18 Dec 2016 2017: 14/15 Jan, 4/5 Mar, 1/2 Apr, May 20/21, 26/27 Aug, September 30 + 1 Oct and

11/12 November 2017

Location: Trier, Germany, Cost: € 250 per weekend

More information: <u>Sarah.Burgard@web.de</u>, <u>rien.verdult@skynet.be</u>, Registration: <u>Sarah.Burgard@web.de</u>, Tel: +49 (0) 6588-987049

#### **Foundation Course**

with Max Peschek and team in Parin at the Baltic Sea:

Beginning 21 to 28 April 2017

More Info: <a href="https://www.ippe.info/courses/intermediate\_course.html">www.ippe.info/courses/intermediate\_course.html</a>

Information and registration: Max Peschek, peschek.max@t-online.de,

Tel.: +49 (0) 421 7 3210

In the Netherlands:

Organised by ISPPM Country Group Netherlands/Belgium

**Integrative Baby Therapy Training** 

Professional and practice oriented pre- and perinatal birth psychology

Training leader & Tutor: Matthew Appleton MA RCST KCP

Tutor: Jenni Meyer

Organizer & Assisting: Yvonne Welling Module 1: 11,12,13 March 2016

Working with the Family Field

Module 2: 10,11,12 June 2016

Birth Issues and Diagnostic Skills in Working with Babies

Module 3: 7,8,9 October 2016

Prenatal Issues and Diagnostic Skills in Working with Babies

Module 4: 27,28,29 January 2017

**Birth and Beyond** 

Module 5: 19,20,21 May 2017

The 'Bioenergy of Wellness

Module 6: 6,7,8 October 2017

**Transitions** 

Working hours: first day: 10-18h, second day: 9:30-18 h, third day 9:30-17 h

Training costs: 450 Euro (incl. lunch) each module.

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Location: Rotterdam The Hague area

More information: http://www.conscious-embodiment.co.uk/courses/

Information and registration: http://www.isppm.de/en/integrative-baby-therapy-

training/

Contact: Yvonne Welling: integrativebabytherapytraining@gmail.com,

Tel.: 0031623394688

In Switzerland:

#### **Advanced Embodiment Course**

With Karlton und Kathryn Terry and Peter Schindler Place: Seminarhotel Wasserfallen near Basel

Information: <a href="http://www.ippe.info/courses/embodiment\_hourglass\_classes.html">http://www.ippe.info/courses/embodiment\_hourglass\_classes.html</a> Registration: Max Peschek: peschek.max@t-online.de, Tel.: +49 (0)421 7 3210

# Workshops/Seminars

In Belgium:

"Healing from the very beginning"

Intro Course

**Pre- and Perinatal Psychotherapy** 

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols 22 - 24 April 2016

The intro-course is suited for anyone who is interested in pre- and perinatal psychology and his personal process, especially pediatricians, gynecologists, body- and psychotherapists, craniosacral therapists, osteopaths, lactation consultants, nurses and midwives.

The course will be held in English. Translation in German and Dutch is possible.

Information: Marleen Dols, <a href="mailto:marleendols@online.nl">marleendols@online.nl</a>

Website: <a href="http://www.birthimprints.com">http://www.birthimprints.com</a>

In Switzerland:

Karlton Terry will be in Basel twice for **Baby Clinic**: 23/24 April 2016
19/20 November 2016

Birth journey - Self-awareness Workshop

with M. Appleton & Jenni Meyer Fr Mai 6, 2016, 10:00h - So Mai 8, 2016, 17:00 h Seminar-Hotel Rigi am See, Weggis in Weggis

The complete seminar program of ISPPM Switzerland here:

http://www.isppm.ch/programm/



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#### In Austia:

## **Babytherapy Advanced Workshop**

With Karlton Terry
Treatment of IVF-Babys

Location: Wienna

Date: October 30 - November 2, 2015

Information and registration: Claudia Versluis, <a href="mailto:claudia.versluis@aon.at">claudia.versluis@aon.at</a>

## In Germany:

## Healing Early Trauma and Shock - Deeper Intimacy in Relationship

by William R. Emerson, Ph.D.

Lienen, Germany

Date: September 6 – 11, 2015 http://emersonbirthrx.com/?p=1382

## In England:

Courses with Matthew Appleton and Jenni Meyer:

**Soul Loss: A Pre and Perinatal Perspective** 

The Birth Journey – Honouring the Untold Story and others:

http://www.conscious-embodiment.co.uk/courses



## **Gems of Ancient Wisdom**

Workshop mit Antonella Sansone Before Conception throughout Pregnancy, Birth and Parenting A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

For further details or to book a place contact: E-Mail: antonellasansone8@gmail.com

Phone: 07947764431

#### Online:

#### **Professional Seminars with APPPAH:**

Have a look at the complete Education Department offerings at <a href="mailto:birthpsychology.com">birthpsychology.com</a>



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