

Annual Conference 2016



Bonding/Attachment and Birth in the Transgenerational Context

Birth as a resilience factor of mental health
Mental Health as a resilience factor of birth

28th International Conference of ISPPM
Stolpen near Dresden
October 21 – 23, 2016

The conference is designed particularly for professionals in the fields of

- psychotherapy, midwifery, obstetrics, pediatrics, body-therapy, pedagogy, sociology, psychology

The aims of our conference are:

- To illustrate the complex issue of birth in the transgenerational context by integrating scientific and inter-professional perspectives.
- To emphasize the role of birth as a key element of transgenerational mental characteristics.
- To address the cultural-psychological dimension of early imprinting.
- To look in depth at possible ways of preventing early trauma through responsible obstetric care, body/psychotherapeutic early prevention, and psychotherapeutic intervention
- To foster an overall understanding among all professional groups involved in all aspects of the issue, inter-professional exchange, and mutual enrichment – in this respect the conference could be unique!

After some delays the program is finally fixed now. We are proud to have won such high profile speakers both for lectures and for workshops!

From now on you can register online.

Please make sure to book your Hotel room in time! We have compiled links to hotels and B&B's in and around Stolpen for you.

All info here: <http://www.isppm.de/en/>

Introduction of the lecturers at the annual conference

Dr. med. Mehdi Djalali



Dr. Djalali is a specialist in obstetrics and gynecology and a scientific member of the center for development and research of Haptonomy (C.I.R.D.H.).

In Stolpen he will give an introductory lecture on Haptonomy in obstetrics and a workshop on the same topic, where Haptonomy will be demonstrated in videos and together with a pregnant woman.

"A natural, loving bond between mother and father and child, as a foundation for a healthy physical and mental development of the people, can only develop if the child and the parents experience pregnancy and especially birth positively. And if we would make it, the process of birth without outside help should be only

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determined by the child and mother.

By my long experience, the haptonomic pregnancy and birth accompaniment is the optimal condition for reaching this goal."

Prof. Dr. Dorota Kornas-Biela



Prof. Dr. Dorota Kornas-Biela is a professor at The John Paul II Catholic University of Lublin, before that she was chairman of The Department of Pedagogy of the Family, now she is the chairman of Department of Psychopedagogy, Institute of Pedagogy, Faculty of Social Science at CUL. She received MA and Ph.D. in psychology, Faculty of Christian Philosophy, Catholic University of Lublin (KUL), habilitation in pedagogy, Faculty of Pedagogy, Maria Curie-Skłodowska University, Lublin. She lectured at Depts of Psychology, at Depts Education and Family Studies at CUL and Medical Academy in Lublin. In 1990/91 she was visiting scholar of Fulbright Foundation at Population Sciences Dept. Harvard Medical School, Boston, and Harvard Divinity School, Cambridge, MA, USA.

For many years she was head of Postgraduate Family Studies Program at KUL and head of Prenatal Psychology Section, Polish Psychological Assoc.; She worked also as a consultant for Ministry of Education regarding health and family education programs for schools. She was: the expert and assessor of legal acts and educational materials for The Parliament and Ministry of Education; delegate of Polish NGOs at UN International Conference "Population and Development" in Cairo, 1994; member of Advisory Board Tato.Net Initiative and (former) Human Life International.-Europa; organizer of about 50 conferences and workshops.

During her academic work she cooperated with some university centers, e.g.: School of Nursing, University of Michigan, Ann Arbor, USA; Department of Child Development, West Virginia University, USA; Cattedra di Pedagogia Speciale, Dipartimento di Scienze dell' Educazione, Universita Degli Studi di Verona, Italy. She held many occasional lectures abroad and presented papers at the international conferences abroad. She is an author of over 250 scientific articles and chapters, and over 200 popular articles; author of books: About The Beginning of Human Life 1993, 2002; Psychological Problems of Genetic Counselling And Prenatal Diagnosis 1996; Prenatal Pedagogy and Education 2009; co-author of book: Selected Papers on Reproductive Psychology 1992; editor of books: The Disabled Person in The Society 1998; Faces of Motherhood 1999; Family: Source of Life and School of Love 2000; Faces of Childhood 2001, Faces of Fatherhood 2001; Fatherhood – it's time for a new approach 2007, 2009; Fatherhood Today (2014).

Areas of interest and activity: pre- and perinatal psychology, reproductive psychology, psychopedagogy of family, psychopedagogy of the disabled people.

In Stolpen she will talk about the following:

Mental Health as a resilience factor of birth

Mental health is generally defined as a state of psychological well-being and satisfactory adjustment to the ordinary demands of life and society. As related

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to the process of procreation, mental health is connected to the well-being of the mother and father and their prenatal child. Mental health is a fundamental element of the resilience, health assets, capabilities and positive adaptation that enable people both to cope with adversity and to reach their full potential.

Researchers indicate that resilience is positively connected to psychological well-being and negatively associated with psychological distress, depression and anxiety. Psychological health and vulnerability indices are influenced by different levels of resilience through self-esteem, personal competence and tenacity, tolerance of negative emotions, control, and spirituality. As Polish and Slovak research results show there are four factors augmenting the psychoimmunological structure of mental resilience: strength and will for a meaningful life, a sense of competence in coping with life obstacles, social support and proactivity, and various autonomous goals.

Pregnancy and the birthing process is a very demanding time for both of the parents and their prenatal child. Mental health of parents has enormous positive impact on normal pregnancy and birth outcomes, child's well-being during prenatal, perinatal and postnatal stages. On the other side, mental illness of parents, across the spectrum of disorders and their risky behaviors are direct causes of complications of pregnancy and labor, poor development of the prenatal child, his or her bad health condition, mortality and morbidity, and also are a significant risk factor for his/her physical and psychological health across his or her lifespan.

In this presentation we will concentrate on parents' mental health as a protective factor, which in among others, can help to reduce the risk of child's mental health difficulties and affect the child's well-being. Mental health of the parents is a resilience factor which promotes their child's mental health, strengthens his or her own potential, enhances the ability to cope with difficulties, and emerges a foundation for survival, strength and will of life as buds of his/her psychoimmunological structure.

Advertisement Board Elections

Dear members of ISPPM e.V.,

in 2016 will be elections of a new board. All six positions become newly elected (President, 2 Vice-Presidents, Chairman of the extended board, Treasurer, Secretary).

From the actual board only Wolfgang Bott and Johanna Schacht will be candidates for a third term.

We like very much to prepare the transition well and hold to the continuity of our work.

So we ask all persons interested in an application for the new board team (actually the position is yet secondary) to contact us (E-Mail secretary@isppm.de / Tel. +49(0)611-97457598).

Feel free to make suggestions for others that we shall address.

With best greetings and wishes,

Your board team of isppm e.V.

Sven Hildebrandt, Helga Blazy, Gabriella Ferrari, Wolfgang Bott, Johanna Schacht

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From the Extended Board

The following new Working Groups are looking for further members. In case of interest, please contact the persons indicated!

Working Group „Alone born twins“

Contact: Petra Becker and Britta Steinbach, E-Mail: info@twin-light.de

Working Group „Prevention in Obstetrics“

Contact: Judith Raunig, Vienna, E-Mail: info@nach-dem-kaiserschnitt.at

From the Network

Bianca Buchal Association for Conscious Motherhood

was formed on January 23, 2016.

Bianca died last year, at 99 years in total serenity after having lived intensely throughout her existence. In the last two decades she has been entirely dedicated to Maternity and Consciousness of the Ideal Woman/Mother for Humanity.

The non-profit Association aims to realize the dream of Bianca to not let stop the spread of work, outreach and support to future moms that she led with perseverance to the last.

Her children Claudio and Nicoletta have started the Association, with the support of Tiziana Mango, who will manage the Secretariat.

Tiziana has motivation and enthusiasm and shares guidelines of Bianca's ideals and methods.

Among the Founders are:

Evelyne Disseau, friend of Bianca, with whom she shared many years of experiences in the world of motherhood; lived with new natural criteria & harmonics.

Catherine Coluccia Civelli, who, being bilingual, is translating Bianca's book into English to enable the international spread of future projects.

The Association has a website equipped with platforms connected to Social Networks and a Newsletter for information intended to promote events on the topic of Motherhood.

www.gravidanzaconsapevole.org

(in Italian, English & French)

Events Diary

Dates Conferences and Congresses

September 3 – 9, 2016

Healthy Birth, Healthy Earth

A Findhorn Foundation Conference

<https://www.findhorn.org/programmes/193/>

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September 7 – 10

The 2016 International Conference on Stillbirth, SIDS and Baby Survival Montevideo, Uruguay

The deadline for receipt of abstracts is March 31, 2016

<http://stillbirthalliance.org/news/conferences/isaispid-conference-2016/>

September 16/17, 2016

2016 APPPAH Regional Conference

Bastyr University, 14500 Juanita Drive, Kenmore, WA 98028

Pathways to Prenatal Wholeness: Integrating Healthcare Disciplines in a 21st Century Dialogue

<https://birthpsychology.com/events/2016-apppah-regional-conference>

23 – 25 settembre 2016

Congresso ATTACCAMENTO E TRAUMA

Relazioni e Compassione

(ATTACHMENT AND TRAUMA: RELATIONSHIPS AND COMPASSION)

Roma

<http://www.italy-congress.com/#>

October 1 – 2, 2016

Attachment Parenting Congress

Hamburg

<http://www.attachment-parenting-kongress.de>

October 07 – 09, 2016

15th International Attachment Conference

Attachment and emotional Violence

Munich

<http://bindungskonferenz-muenchen.de/1-1-Home.html>

19 – 23 October 2016

Midwifery Today Conference

“Birth Is a Human Rights Issue”

Strasbourg, France

<http://midwiferytoday.com/conferences/Strasbourg2016/>

January, 2017

Human Rights in Childbirth: India Conference

Bangalore, India

humanrightsinchildbirth.com/india-conference/

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Further Education

In Germany:

Baby Therapy Training

With Rien Verdult

Contents: trauma therapy for babies, healing of attachment disorders

Soundness in prenatal psychology

Support for parents

Frequency: 12 weekends in 2016/2017 Sat: 11am - 19h Sun: 9am - 16h

Data: 2016: 28/29 May 3/4 Sept, 1/2 Oct, Nov and 12/13 17/18 Dec 2016 2017:

14/15 Jan, 4/5 Mar, 1/2 Apr, May 20/21, 26/27 Aug, September 30 + 1 Oct and

11/12 November 2017

Location: Trier, Germany, Cost: € 250 per weekend

More information: Sarah.Burgard@web.de, rien.verdult@skynet.be,

Registration: Sarah.Burgard@web.de, Tel: +49 (0) 6588-987049

Foundation Course

with Max Peschek and team in Parin at the Baltic Sea:

Beginning 21 to 28 April 2017

More Info: www.ippe.info/courses/intermediate_course.html

Information and registration: Max Peschek, peschek.max@t-online.de,

Tel.: +49 (0) 421 7 3210

In Switzerland:

Advanced Embodiment Course

With Karlton und Kathryn Terry and Peter Schindler

Place: Seminarhotel Wasserfallen near Basel

Information: http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek: peschek.max@t-online.de, Tel.: +49 (0)421 7 321

Workshops/Seminars

In Belgium:

"Healing from the very beginning"

Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols

The course will be held in English. Translation in German and Dutch is possible.

Information: Marleen Dols, marleendols@online.nl

Website: <http://www.birthimprints.com>

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In Switzerland:

Karlton Terry will be in Basel for **Baby Clinic:**
19/20 November 2016

<http://www.isppm.ch/programm/karlton-terry/>

In Austria:

Babytherapy Advanced Workshop

With Karlton Terry

Treatment of IVF-Babys

Location: Vienna

Date: October 30 - November 2, 2015

Information and registration: Claudia Versluis, claudia.versluis@aon.at

In Germany:

Healing Early Trauma and Shock – Deeper Intimacy in Relationship

by William R. Emerson, Ph.D.

Lienen, Germany

Date: September 6 – 11, 2015

<http://emersonbirthrx.com/?p=1382>

In England:

Courses with Matthew Appleton and Jenni Meyer:

Soul Loss: A Pre and Perinatal Perspective

The Birth Journey – Honouring the Untold Story and others:

<http://www.conscious-embodiment.co.uk/courses>



Gems of Ancient Wisdom

Workshop with Antonella Sansone

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

For further details or to book a place contact:

E-Mail: antonellasansone8@gmail.com , Phone: 07947764431

Online:

Professional Seminars with APPPAH:

Have a look at the complete Education Department offerings at

birthpsychology.com

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