

## From the Extended Board

Dear members of the ISPPM e. V.,

I - Marion König - would like to introduce you to my plans to found another working group and to invite you to open your heart to the topic, as well as to a possible cooperation. The subject of the **working group concerns pregnant mothers with early sexual violence experiences**. This is admittedly not an easy diet and a large taboo - but it is important in the interest of a good birth experience to tackle the topic with all necessary sensitivity.

I am a body therapist with focus on pre- and perinatal psychology and accompany pregnant women with the bonding analysis and a HypnoBirthing-based birth preparation. Many of my clients arrive after traumatic first birth experiences - either by themselves, or they are sent to me by their midwife or gynecologist. They have insane fears about their second childbirth and, on closer scrutiny, there is a great deal of early sexual exertion. The pregnant women are thus completely left alone. They are silent from great shame, and are unaware of the mechanisms of how past experience of abuse led to their traumatic birth experience, just as many midwives and gynecologists are not aware of.

At the Bonding Analysis Conference in June 2016, I gave a lecture on my positive experiences in the preparation of birth with this issue. That's what I did, because no one could tell me about. This did not seem to be an issue either in bonding analysis. Among midwives, gynecologists, etc., it is also a taboo. Therapists also do not dare to deal with during pregnancy. It is also hard to find literature. The topic does not seem to exist ...

And I am continually confronted with it, because it even affects the pregnant daughters of abused mothers, who come to me for bonding analysis or birth preparation. Pregnant women, who did not experience any abuse themselves, but who knew about their mother, experienced traumatic births.

Perhaps you have heard of "Roses Revolution", which is a global movement against violence in obstetrics. Every year on the 25th of November, women are invited to put down a pink rose in front of the delivery door, where they have been subjected to violence. Here is a quote from the current evaluation of Roses Revolution Germany 2016: "... 41 letters from the RosRev team at clinics, where pre-traumatized victims of sexual violence also suffered under the birth force." The retraumatized women were not able to go to their place of birth by themselves, and the estimated number of unreported cases of traumatized women is probably much higher.

I want this topic to be publicly addressed, because it exists. And I want to support the pregnant women so they do not have to make another traumatizing experience and then pass them on to their next generation baby.

Please support me - and the mothers - in the founding of the new ISPPM working group "Pregnant mothers with early experiences of sexual violence".

Please contact me, Marion König: [kontakt@in-freudiger-erwartung.eu](mailto:kontakt@in-freudiger-erwartung.eu)

Many thanks from the heart - Marion König

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## WG Cultural Psychology

The cultural psychology working group has so far consisted of three persons: Horia Crisan, Klaus Evertz and Ludwig Janus. Their exchange was the background for the conferences organized by Ludwig Janus in Heidelberg: "The Psychology of Mentality Development - From Archaic to Modern Consciousness" 2013; "Responsibility for our Emotions - the Emotional Dimension of Enlightenment" 2015; And the upcoming meeting from 17 to 19 March 2017, see announcement on the website of the <http://www.psychohistorie.de/>. At this meeting, the last day will be devoted to the theme of the historical dimension of femininity. Therefore it seems sensible to follow the historical references of matriarchal social forms and prenatal psychology. We would therefore like to open the working group and invite interested members of the ISPPM to participate in the cultural psychology group. Mr. Crisan had passed the management of the WG to me this year. Therefore I would like to ask the interested people to contact me by e-mail: [janus.ludwig@gmail.com](mailto:janus.ludwig@gmail.com)

Ludwig Janus

## ISPPM Dates

**April 8/9, 2017**

**Meeting of the Extended Board and Scientific Advisory Board**

Wiesbaden, Germany

**October 28/29, 2017**

**Internal working conference for ISPPM members**

Berlin, Germany

**April 5 - 7, 2018 (ATTENTION: Thursday to Saturday!)**

**International Cooperation Congress with GAIMH, ISPPM Switzerland and ISPPM e.V.**

Kreuzlingen, Switzerland

**Theme: Touch shapes**

Congress language: German

## From the Network

### HSPPPM

**2017 Congress Report**

By Zsuzsanna Liptákné Horváth

The Hungarian Society of Prenatal and Perinatal Psychology and Medicine held its annual conference in Budapest on Feb 24-25, 2017, with the title

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## "Human life inception - the ways of conception, fertility, difficulties, assisted reproduction and their implications"



The role and importance of medical interventions related to intimacy and sexuality have been increasing, in order to help children to be conceived and born. This year the main topic of the HSPPPM Congress was reproduction, as the problem of difficult conception affects around 150,000 couples in Hungary.

Besides medical solutions, more and more news are available about other solutions for reaching or maintaining physical and psychological health. Does assisted reproduction have any effects on the unborn babies, and if yes, what consequences can we count on?

At the Congress there were lectures and workshops about research on the assisted reproduction's short term and long term effects, scientific results, and about hands on experiences of the experts, in the fields of conception, prenatal care, perinatal care and neonatology. Hungarian and international good practices were shared regarding prenatal stress relief techniques, supporting NICU babies with new medical methods, supporting NICU parents with new communications methods, and psychotherapeutic methods that can facilitate spontaneous conception.

The entire program and some abstracts are available in English:

<http://mpppot.hu/homepage/index.php/eng-2017-congress-abstracts>



We are looking forward to meeting with you at our Annual Congress in 2018:

**2018 HSPPPM CONGRESS**  
**February 23-24, 2018**  
Budapest, HUNGARY (exact venue TBA)

The HSPPPM Board Team

## CEPP

The beginning of February, international members of the **Childbirth and Early Parenting Principles (CEPP's)** team presented at the **United Nations 55th Session of Social and Economic Development** to introduce our ideas to help eradicate the effects of poverty and violence in the world. CEPP's focus is the MotherChild bond matters and that poverty consciousness and violence begin in the womb. By focusing our economic output on the first three years of life, countries and cities can save up to \$7.00 for every \$1.00 spent. CEPP's, along with several other UN based organizations are working diligently to move the UN Sustainable Development Goals (SDG's) forward.

CEPP's executive director, Valerie Unite from France, met with Rima Salah PhD, chair of the UN's Early Childhood Peace Consortium, where she was also asked to speak of the CEPP's manifesto. Following our presentation, CEPP's was invited to become a member of **the Partnership for Maternal, Newborn and Child Health (PMNCH - The Partnership)**. The partnership is hosted by

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the **World Health Organization (WHO)** and joins together the sexual, reproductive, maternal, newborn, child and adolescent health communities (SRMNCAH) to work on this worldwide problem.

[CEPP's website](#)

## APPPAH

**Birth Psychology Month** begins March 1. You can find extensive **FREE** resources, programs and social media shares to help us spread the word on our dedicated [Birth Psychology Month website](#).

Free [JOPPPAH article](#):

The Psycho-History Of Pregnancy Conflict  
By Ludwig Janus, MD

[Social media sharing resources](#)

**In Utero 2** Is In Production! Kathleen and Stephen Gyllenhaal, director and producer of the documentary film, In Utero, have begun work on In Utero 2. With the first film they "named the problem" and now they will go on to address other aspects of how to avoid these traumas and bring forth the natural resiliency inbred in us all.

In Utero has been well received in several countries and they Gyllenhaals are very pleased with APPPAH's efforts to provide the [In Utero Film Discussion and Resource Guide](#) for your educational use. You can find the new DUTCH translation of the guide [here](#), thanks to [Sylvia Verduin](#)

## Film project „The Safe Birth“



Tailer [here](#)

The date for the **premiere in Munich** is fixed: **05 May 2017** at the International Midwifery day.

Cinema is the Neue Rottmann in Rottmanstrasse 15, 80333 Munich  
The Film starts at 6 pm  
Discussion from 8 pm.

## Please support the postproduction!

20.000 € still urgently required.

Donations are accepted by the ISPPM e.V.:

GLS Bank

BIC: GENODEM1GLS

IBAN: DE33430609671133475100

Purpose: film "the safe birth"

[Paypal](#) also possible

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## Briefly

### Study: Intrapartum Synthetic Oxytocin and Its Effects on Maternal Well-Being at 2 Months Postpartum

<https://www.ncbi.nlm.nih.gov/pubmed/26554749>

The **Birth Summit** is an online digital resource exploring the science of the infant microbiome during pregnancy, birth and breastfeeding. Over 3 hours of video presentations allow you to learn from world-leading scientists behind some of the very latest research.

<https://vimeo.com/ondemand/birthsummit>

### BREAST MILK SUMMIT

Our next free summit is on the subject of the science of breast milk.

More Information and registration: <http://microbirth.com/birth-summits/>

### Better Birth 360°

Free Online Summit

<http://www.betterbirth360.com/>

### Educational resources website



#### Begin Before Birth

What happens in the womb can last a lifetime

Begin Before Birth is a website about how the influence of the environment begins in the womb. It is based on evidence showing what a mother feels during pregnancy can have a lasting effect on the development of her child.

It provides a clear and concise introduction to the areas of fetal programming, fetal development and epigenetics. It examines the evidence and the mechanisms for how stress in the mother's environment can affect her foetus.

This website was put together by researchers from the Institute of Reproductive and Developmental Biology at Imperial College London under the guidance of Professor Vivette Glover, Professor of Perinatal Psychobiology. The films were produced by Windfall Films.

<http://www.beginbeforebirth.org/for-schools/lesson-plan>

More interesting news from our field you can read on the **ISPPM Facebook site**: <https://www.facebook.com/ISPPM-eV-124066644364106/?ref=bookmarks>

We have also set up an **ISPPM members forum on FB** for networking and sharing. If you are a member of the ISPPM (e.V. or Switzerland), you are welcome to join the group!

<https://www.facebook.com/groups/1524322761189091/requests/>

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## Events Diary

### Congresses and conferences

**15 March 2017**

**Congres: Focus op hechting vanaf conceptie**

Rotterdam

<http://www.pre-en-perinataalbewustzijn.nl/trainingen-cursussen/>

**29th of June – 1st July 2017**

**International Attachment Conference 2017**

**Putting Attachment Theory to Work**

From basic science to clinical application

London

<http://www.iac2017.co.uk/>

**23 – 25 August 2017**

LCICD Conference

**Lancaster Conference on Infant and Child Development Conference**

Lancaster University, U.K.

<http://wp.lancs.ac.uk/lcid/>

**September 22 – 24 2017**

International Stillbirth Alliance Conference

University College Cork, Ireland

[isacork2017.com](http://isacork2017.com)

**November 29 – December 4, 2017**

20th APPPAH International Congress

**The Conscious Baby Emerges: Scientific, Medical, Psycho-Social, and Somatic Discoveries**

San Diego

<https://birthpsychology.com/2017-conference/welcome>

**February 23-24, 2018**

2018 HSPPPM CONGRESS

Budapest, HUNGARY (exact venue TBA)

### Further Education

In Germany:

**Training in Bonding Analysis**

With Dr. Helga Blazy and Hannelore Dehne

In Cologne, beginning March 2017

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# Newsletter March/April 2017

There are still some free places. Interested people please contact Helga Blazy: [nc-blazyhe@netcologne.de](mailto:nc-blazyhe@netcologne.de)

## BA-Training

with Dr. med. Gerhard Schroth, co-director: Anne Görtz-Schroth  
017/18: 1.Block: 25.-28. May 2017 - 2.Block: 30. Sept. - 3. Oct. 2017  
3rd block: 28 April - 1 May 2018. - Other dates 2018/2019  
Are fixed in the course, a total of 17 days.  
Information: Dr. med. Gerhard Schroth, 76835 Gleisweiler, Im Hintermorgen 27  
Tel.: 0049 6345 942285, Mail: [ba@schroth-apv.com](mailto:ba@schroth-apv.com)  
<http://www.schroth-apv.com>

## Foundation Course

With Max Peschek and Team in Parin (at the Baltic sea):  
21 - 28 April 2017 (to 2020)  
More Information: [www.ippe.info/courses/intermediate\\_course.html](http://www.ippe.info/courses/intermediate_course.html)  
Information and registration: Max Peschek, [peschek.max@t-online.de](mailto:peschek.max@t-online.de),  
+49 (0)421 7 3210

In Austria:

## Body / trauma therapy with babies

With: Rien Verdult  
In Innsbruck  
Dates:  
16-19 March 2017  
08-11 June 2017  
14 - 17 September 2017  
23 - 26 November 2017  
Information about the content: Rien Verdult, [rien.verdult@skynet.be](mailto:rien.verdult@skynet.be)  
Registration: Mag.a Ulrike Gritsch, [praxis@psychotherapie-kbt.at](mailto:praxis@psychotherapie-kbt.at)  
Tel: + 43 699 109 88 404

In England:

## Integrative Baby Therapy Training

With Matthew Appleton & Jenni Meyer  
An in-depth training designed for people already working with babies and children. Previous participants have included midwives, doulas, craniosacral therapists, osteopaths, paediatricians, paediatric nurses, lactation consultants, massage therapists, body psychotherapists, psychologists and ante-natal yoga teachers. The course consists of 6 modules, each 3 days long, and spread over 18 months. It is grounded in the practicalities of working with parents and their babies and aimed at developing the confidence and skills to identify and help resolve prenatal and birth trauma.  
Next training begins in April 2017  
More information:  
<http://www.conscious-embodiment.co.uk/courses/integrative-baby-therapy-training>

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## Workshops/Seminars

In Germany:

### **Brokenhearted Before and After Birth: Spiritual and Psychological Healing**

With William Emerson

April 20-25, 2017 in Lienen

More information and registration: Dipl.-Psych. Margret Overdick,

E-mail: [m.overdick@web.de](mailto:m.overdick@web.de), Tel: 0049 251 260225

<http://emersonbirthrx.com/>

### **Early Imprints**

With [Charisse Basquin](#)

Max. Number of participants: 6

September 27-30, 2017 in Erlangen

Further information: Charisse Basquin, Anstruther, Scotland, Tel. 0044 (0) 7531 863160, E-mail: [EarlyimprintsUK@gmail.com](mailto:EarlyimprintsUK@gmail.com)

Praxis Susanne von der Emde, Leithenstrasse 4a, 91080 Marloffstein, Tel.

0049 9131 – 5300191, E-mail: [Susanne.vonderemde@t-online.de](mailto:Susanne.vonderemde@t-online.de)

<https://cbasquin.wordpress.com/contact-me/>

In Switzerland:

### **Baby Clinic** with Karton Terry

March 25/26, 2017 in Basel

<http://www.isppm.ch/programm/karnton-terry-2017/>

In the Netherlands:

### **Emotional First Aid**

With Thomas Harms

5 April 2017 in Rotterdam

Contact: Yvonne Welling, Tel.: +31 (0) 6 – 233 946 88, E-mail: [info@pre-en-perinataalbewustzijn.nl](mailto:info@pre-en-perinataalbewustzijn.nl)

<http://www.pre-en-perinataalbewustzijn.nl/trainingen-cursussen/>

### **Prenatal and Birth Process**

With Matthew Appleton and Jenni Meyer

This 3-day workshop is limited to 24 participants. The workshop is largely experiential and works with embodied process to explore how our prenatal and birth experiences may be unconsciously influencing us in our lives. Individual sessions are supported by the empathic holding of the group.

09 – 11 June 2017 in Rotterdam

Contact: Yvonne Welling, [info@pre-en-perinataalbewustzijn.nl](mailto:info@pre-en-perinataalbewustzijn.nl),

+31 (0) 6 – 233 946 88

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In Belgium:

## "Healing from the very beginning" Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols  
The course will be held in English. Translation in German and Dutch is possible.  
Information: Marleen Dols, [marleendols@online.nl](mailto:marleendols@online.nl)  
Website: <http://www.birthimprints.com>

In Austria:

**Implantation** - 18. – 23. march 2017

**Discovery** - 29. october – 3. november 2017

**Umbilical Affect** - 20. – 25. march 2018

With Karlton Terry, Claudia Versluis, Max Peschek & team  
These courses are open to all students who have finished an IPPE-  
foundationcourse

Seminarhouse Die Lichtung: [www.die-lichtung.at](http://www.die-lichtung.at)

Travel: close to Krems; flight to Vienna, then train and/or travel with other  
participants

Information and registration: Claudia Versluis, [claudia.versluis@aon.at](mailto:claudia.versluis@aon.at), Mobil  
00 43 664 5517235

More: [www.ippe.at](http://www.ippe.at)

## Wow Babies tell their stories

With Dr. Ray Castellino

Insights into the pre- and perinatal world of somatic psychology

1 - 4 July 2017 in Vienna

English with simultaneous translation in German

In this workshop, Ray Castellino presents the core elements of his work with  
families and babies. They gain new insights into the pre- and perinatal world of  
somatic psychology as well as into pre-verbal time.

Registration: [schule@herrgesell.at](mailto:schule@herrgesell.at)

In Slovenia:

## Self-Experiential Workshop "Journey to one's own pregnancy, childbirth and early childhood"

(Body psychotherapy according to Franz Renggli)

with Michaela Mardonovic and Michael Josef Egarter

Location: Horus Center Ljubljana

Contact: Michaela Mardonovic, [info@horus-center.com](mailto:info@horus-center.com), mobil +386 51 747 545

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In England:



Workshop mit Antonella Sansone

### **Gems of Ancient Wisdom**

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

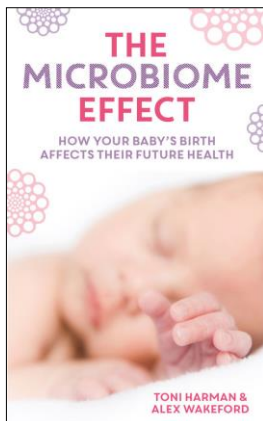
For further details please contact: [antonellasansone8@gmail.com](mailto:antonellasansone8@gmail.com)

Online:

### **Professional Seminars with APPPAH:**

You can see about the complete Education Department offerings at [birthpsychology.com](http://birthpsychology.com)

## Reading Tips



Toni Harman, Alex Wakeford

### **The Microbiome Effect**

How your baby's birth affects their future health  
Pinter & Martin 2016

At least two amazing events happen during childbirth. There's the obvious main event, which is the emergence of a new human into the world. But then there's the non-human event that is taking place simultaneously, a crucial event that is not visible to the naked eye, an event that could determine the lifelong health of the baby. This is the seeding of the baby's microbiome, the community of 'good' bacteria that we carry with us throughout our lives.

The seeding of the microbiome, along with other processes including breastfeeding, kickstarts the baby's immune system and helps to protect the infant from disease for its entire lifetime. However, with interventions like use of synthetic oxytocin, antibiotics, C-section and formula feeding, this could be interfering with, or bypassing completely, the microbial transfer from the mother to baby. Emerging research shows that bacteria are absolutely vital for human health, and science has linked an imbalance in the human microbiome with multiple chronic non-transmissible diseases.

Drawing on the extensive research they carried out for their documentary film *Microbirth*, authors Toni Harman and Alex Wakeford reveal a fascinating new view of birth, and how microscopic happenings can have lifelong consequences, both for ourselves, our children – and our species as a whole.

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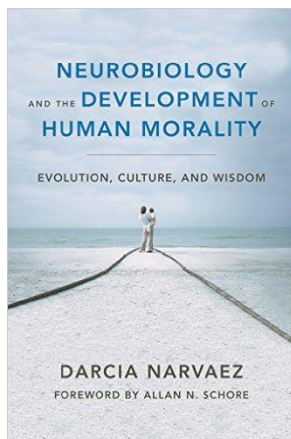
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Darcia Narvaez  
Foreword by Allan N. Schore  
**Neurobiology and the Development of Human Morality**

Evolution, Culture, and Wisdom  
(Norton Series on Interpersonal Neurobiology)  
W. W. Norton & Company 2014

A wide-ranging exploration of the role of childhood experiences in adult morality.

Moral development has traditionally been considered a matter of reasoning—of learning and acting in

accordance with abstract rules. On this model, largely taken for granted in modern societies, acts of selfishness, aggression, and ecological mindlessness are failures of will, moral problems that can be solved by acting in accordance with a higher rationality. But both ancient philosophy and recent scientific scholarship emphasize implicit systems, such as action schemas and perceptual filters that guide behavior and shape human development. In this integrative book, Darcia Narvaez argues that morality goes “all the way down” into our neurobiological and emotional development, and that a person’s moral architecture is largely established early on in life. Moral rationality and virtue emerge “bottom up” from lived experience, so it matters what that experience is. Bringing together deep anthropological history, ethical philosophy, and contemporary neurobiological science, she demonstrates where modern industrialized societies have fallen away from the cultural practices that made us human in the first place.

Neurobiology and the Development of Human Morality advances the field of developmental moral psychology in three key ways. First, it provides an evolutionary framework for early childhood experience grounded in developmental systems theory, encompassing not only genes but a wide array of environmental and epigenetic factors. Second, it proposes a neurobiological basis for the development of moral sensibilities and cognition, describing ethical functioning at multiple levels of complexity and context before turning to a theory of the emergence of wisdom. Finally, it embraces the sociocultural orientations of our ancestors and cousins in small-band hunter-gatherer societies—the norm for 99% of human history—for a re-envisioning of moral life, from the way we value and organize child raising to how we might frame a response to human-made global ecological collapse.

Integrating the latest scholarship in clinical sciences and positive psychology, Narvaez proposes a developmentally informed ecological and ethical sensibility as a way to self-author and revise the ways we think about parenting and sociality. The techniques she describes point towards an alternative vision of moral development and flourishing, one that synthesizes traditional models of executive, top-down wisdom with “primal” wisdom built by multiple systems of biological and cultural influence from the ground up.

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