

Editorial

Dear members of the ISPPM e.V.,

At first I - Paula Diederichs - would like to thank for the election to the presidium and the confidence in my person.

Here a short introduction:

I was born 1957 as a third daughter, and my daughter was born 30 years later in the first birth-house (midwife led) in Berlin.

During my studies in Berlin (1981-1984) I came across the teachings of Wilhelm Reich, which appealed to me strongly. In particular his model to explore the principles of life I found and still find extremely interesting. An own therapy and a training in Body-psychotherapy followed. In the fourth year of the training I was able to get to know and appreciate Eva Reich personally, which had such a strong impact on me that I made the effects of deep self-regulation, and in particular the interplay of body and soul, to my later job. Three years after the birth of my daughter I began to work as a body psychotherapist and to assist in groups. In 1996 I became the leader of the first cry-baby-ambulance in Berlin. The next step was taken in 2003; founding of an own training institute (WIKK - Training Institute for Resource- and Body-Oriented Crisis Support, Pregnancy, Childbirth and Early Childhood).

As a woman, mother and formerly politically active, I sat down very deeply with the question of what is meant by maternal health during pregnancy, childbirth and early childhood, and how it can be protected or preserved. This topic has always been one of my heartfelt concerns.

Through the membership in the ISPPM since 2002 my knowledge in terms of the soul experience of the unborn baby has become very precise. Only this has made me aware of the importance and impacts of this sensitive phase for the later life of a human being.

I greatly appreciate the work of the Board, the Extended Board, the Scientific Advisory Board, the Working Groups and, in particular, the Office, as well as all members of the ISPPM's various fields of application, and wish us all to continue this fruitful cooperation.

Tasks in which I see myself during this legislative period:

1. Carry out ongoing business, tasks and contracts.
2. The success of the communication structures, which have been built up especially in recent years.
3. Continue the discussion within the extended board and the scientific advisory board of the ISPPM, according to the motto "common language connects, diversity can be lived".

I would also like to use the internal working conference in Berlin in the autumn of next year in order to involve the entire membership in this process.

4. Further networking of the ISPPM with others Associations, e.g. GfG, Midwife Associations, Roses Revolution, Parents' Associations and gain more public attention
5. Addressing birth themes in the National Coalition (NC) on the implementation of the UN Convention on the Rights of the Child

Other new initiatives by the members – for example founding new working groups – are very welcome!

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Dear members of the ISPPM e.V.,

After the election of the new board, I would also like to thank all members for their trust in us and would like to introduce myself.

Born in Mülheim / Ruhr in 1951, I spent my childhood and adolescence in Düsseldorf and my studies in Cologne in the 1970s. After my graduation (Dipl.-Pedagogy and teaching degree for primary and secondary schools), the sobering experience of helplessness in the pedagogical practice awaited me, and I first came to know the effects of unconscious body memories. This experience brought me on the path of self-discovery, first with the methods of the then-hip gestalt therapy, later with psychodynamic and especially Neoreichian methods. During my training and assisting period in orgodynamics (Plesse / St. Clair), I was particularly impressed by the birth work, which I deepened many years later, from 2005-2012 in the pre- and perinatal trauma therapy by Karlton Terry. Like everything I was able to learn physically and thus sustainably, I also integrated this knowledge into my professional work as a professor of psychomotics in social pedagogical fields of action at the University of Darmstadt. I was able to win Paula Diederichs for lectures and worked as often as possible together with Hans von Lüpke in the training of students. Thus, we were able to establish a pre- and perinatal focus into the course of studies of social workers. Alin Cotiga, who joined the University of Darmstadt in 2011 as a guest lecturer, is further enriching this thematic focus.

My research semester 2009 I used for a hermeneutic study with the question: How do pre- and perinatal experiences express themselves in the play and movement of children? The result, formulated as a hypothesis, sounds impressive: There are no children's games without pre- and perinatal symbols. These findings have deeply changed my psychomotoric work.

Due to the profound experiences of pre- and perinatal imprints my work as a supervisor in the clinical field of psychiatry and psychosomatic medicine has also changed. In general, my main concern is the psychosocial and psychomotorical development and accompaniment of people, especially those of children. The latter I was allowed to enjoy privately as a mother and grandmother.

In 2004, I attended an ISPPM conference for the first time, and in 2014 I was elected to the Scientific Advisory Board. I would like to continue this activity because I am very inspired by the professional discourse with my colleagues. I would also like to continue scientific research on spiritual contents and research in the context of my own relevant experience.

In recent years, my international teaching and lecturing has expanded and has become part of my professional life. I would like to take advantage of the experience gained here in the context of the board team work, so that the internationalisation of the ISPPM can become more established and expand. I am thinking of both networking and personal contacts. The exchange with Rupert Linder, who is also on the international stage and the representative of the ISPPM in the international Task Force CEPPs (Conscious Early Parenting Principles) Manifesto, is to be regularly maintained. A further task for me in the board work is, in addition to everyday business, the networking and communication of the various professional groups and people in the ISPPM, as well as networking with other associations and institutions. The planned internal working conference 2017 as well as the cooperation congress with the GAIMH and the isppm Switzerland 2018 in Basel can be seen as steps in this direction. I am looking forward to the next years of fruitful and inspiring collaboration with all colleagues and the organisation of old and new initiatives and activities!

Prof. Dr. Amara R. Eckert

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Please note! ISPPM Dates

8/9 April 2017

Meeting of the Extended Board and Scientific Advisory Board
Wiesbaden

28/29. October 2017

Internal working conference for ISPPM members
Berlin

2018 – exact date will follow asap

**International Cooperation Congress with GAIMH, Institut Kinderseele
Schweiz, ISPPM Switzerland and ISPPM e.V.**

Winterthur near Zurich

From the Network

9 mesi ed oltre

On the Italian television, a documentary about the work of our former Vice-President Gabriella A. Ferrari, founder and chairman of the Italian organization "9 mesi ed oltre", was broadcast.

We congratulate! Click here for watching online:

<http://www.tv2000.it/blog/2016/10/29/dapprincipio-il-dialogo-prenatale/>

APPPAH

2017 INTERNATIONAL CONGRESS CALL FOR PAPERS

Greetings!

It is a pleasure to invite you to the 20th APPPAH International Congress, which will be held from November 29th through to December 4th 2017 at the San Diego Town and Country Hotel.

Our Congress theme will be "The Conscious Baby Emerges: Scientific, Medical, Psycho-Social, and Somatic Discoveries."

At this time, we are accepting live session workshop and poster presentation proposals that reflect current issues associated with next year's International Congress theme.

Topics of interest include:

An understanding of Psychological/Somatic Theory effects on birth

Effects of Society on Birth and Human Development

Exploration of how somatic influences affect the history of birth development

How to heal somatic trauma from birth

A greater understanding of the Neurobiology and somatic issues, and the affects of birth

However, note that you are more than welcome to submit topics for special consideration that are not listed above. Upon reviewing our submissions, we will

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Newsletter November 2016

notify you of your acceptance and will request more presentation details, as needed.

The deadline for presenting authors to submit proposals is December 16, 2016. We will not accept proposals after the deadline date.

To submit your papers, please click on the link below and send the completed attachment via email to adminassistant@birthpsychology.com or by fax to (855)-650-8806.

Your proposal submission will be eagerly anticipated.

[2017 APPPAH International Congress Call for Proposal](#)

Respectfully submitted,

Danielle Burns, APPPAH Administrative Director and Office Team Members

Read **APPPAHs Online-Magazine „The Conscious Baby”** here:

<http://theconsciousbaby.com/>

NC

IT'S TIME....

The "National Coalition Germany on the Implementation of the UN Children's Rights Convention " is a network of around 115 German member organizations.

As a member organization of the NC, the ISPPM e.V. supports the demand for anchoring children's rights in the German Basic Law. It is time that the children's rights do not continue to lead a shadowy existence!

Briefly

Study

Ultrasonographic investigation of human fetus responses to maternal communicative and non-communicative stimuli

GA Ferrari, Y Nicolini, E Demuru, C Tosato, M Hussain... - Frontiers in psychology, 2016

[Articoli correlati](#) - [Tutte e 7 le versioni](#)

More interesting news from our field you can read on the **ISPPM Facebook**

site: <https://www.facebook.com/ISPPM-eV-124066644364106/?ref=bookmarks>

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Events Diary

Congresses and conferences

19 – 22 January 2017

2nd World Congress on Recurrent Pregnancy Loss (WCRPL 2017)

Cannes, France

<http://www.wcrpl.com/>

2 – 5 February 2017

Human Rights in Childbirth: India Conference

Mumbai, India

humanrightsinchildbirth.com/india-conference/

24/25 February 2017

14th NATIONAL CONGRESS OF THE HSPPPM, Hungarian Society of Pre- and Perinatal Psychology and Medicine

Human life inception: the ways of conception, fertility, difficulty, assisted reproduction, and their implications

Budapest, Hungary

September 22 –24 2017

International Stillbirth Alliance Conference

University College Cork, Ireland

isacork2017.com

November 29 – December 4, 2017

20th APPPAH International Congress

The Conscious Baby Emerges: Scientific, Medical, Psycho-Social, and Somatic Discoveries

San Diego

[Call for papers](#)

Further Education

In Germany:

Baby Therapy Training

With Rien Verdult

Contents: trauma therapy for babies, healing of attachment disorders

Soundness in prenatal psychology

Support for parents

Frequency: 12 weekends in 2016/2017 Sat: 11am - 19h Sun: 9am - 16h

Location: Trier, Germany, Cost: € 250 per weekend

More information: Sarah.Burgard@web.de, rien.verdult@skynet.be,

Registration: Sarah.Burgard@web.de, Tel: +49 (0) 6588-987049

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A further training (4x4days) for **body/trauma therapy with babies** by Rien Verdult will take place in Innsbruck in 2017.

More Information: http://www.psychotherapie-kbt.at/UserFiles/Image/termine/Verdult_Therapie_Babys_Weiterbildung.pdf

Foundation Course

With Max Peschek and Team in Parin (at the Baltic sea):

21 - 28 April 2017 (to 2020)

More Information: www.ippe.info/courses/intermediate_course.html

Information and registration: Max Peschek, peschek.max@t-online.de, +49 (0)421 7 3210

In Switzerland:

Advanced Embodiment Course

With Karlton und Kathryn Terry and Peter Schindler

Place: Seminarhotel Wasserfallen near Basel

Information: http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek: peschek.max@t-online.de, Tel.: +49 (0)421 7 321

Workshops/Seminars

In Switzerland:

The Art of the Tryptic

12 - 17 November 2016, Seminarhotel Wasserfallen near Basel

Information: http://www.ippe.info/courses/embodiment_hourglass_classes.html

Registration: Max Peschek, peschek.max@t-online.de, +49 (0)421 7 3210

Baby Clinic with Karton Terry

19/20 November 2016 in Basel

<http://www.isppm.ch/programm/karlton-terry/>

In Belgium:

"Healing from the very beginning"

Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols

The course will be held in English. Translation in German and Dutch is possible.

Information: Marleen Dols, marleendols@online.nl

Website: <http://www.birthimprints.com>

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In Austria:

Wow Babies tell their stories

Workshop with Dr. Ray Castellino

Insights into the pre- and perinatal world of somatic psychology

1 - 4 July 2017 in Vienna

English with simultaneous translation in German

In this workshop, Ray Castellino presents the core elements of his work with families and babies. They gain new insights into the pre- and perinatal world of somatic psychology as well as into pre-verbal time.

Registration: schule@herrgesell.at

In Slovenia:

Self-Experiential Workshop "Journey to one's own pregnancy, childbirth and early childhood"

(Body psychotherapy according to Franz Renggli)

with Michaela Mardonovic and Michael Josef Egarter

Location: Horus Center Ljubljana

Contact: Michaela Mardonovic, info@horus-center.com, mobil +386 51 747 545

In England:

Courses with Matthew Appleton and Jenni Meyer:

Soul Loss: A Pre and Perinatal Perspective

The Birth Journey – Honouring the Untold Story and others:

<http://www.conscious-embodiment.co.uk/courses>



Workshop mit Antonella Sansone

Gems of Ancient Wisdom

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

For further details please contact: antonellasansone8@gmail.com

Online:

Professional Seminars with APPPAH:

You can see about the complete Education Department offerings at

birthpsychology.com

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