Annual Conference 2016

**Bonding/Attachment and Birth in the Transgenerational Context**

Birth as a resilience factor of mental health
Mental Health as a resilience factor of birth

28th International Conference of ISPPM
Stolpen near Dresden
October 21 – 23, 2016

We have made a minor program change, as we have two presentations interchanged in the parallel blocks, so that all lectures in English are summarized in block I (Bonding and Attachment).

All information here: [http://www.isppm.de/en/](http://www.isppm.de/en/)

Up to now the number of participants to our congress is fine, however, most of the participants are not isppm-members. So we invite you as members of isppm especially to take part in our conference and our members’ assembly on Friday; here we shall move to a new board for the future of our society.

**Introduction of the lecturers at the annual conference**

**Helga Blazy PhD**

Most of our members know Helga Blazy as a pioneer of prenatal psychology and still board member since about 15 years (she will retire from the board). She is isppm-member since 1989 and published many articles in the Journal and elsewhere on cultural psychology, ethnological and social-analytical themes, and edited five books on bonding analysis. She is psychotherapist, child analyst, and expert in Malaysian/Indonesian languages and literatures, and teacher of Bonding Analysis (Hidas and Raffai).

In Stolpen she shall start the 2nd day of the conference with her paper:

**Resilience-factors in ISPP and ISPPM in pre- and perinatal themes in society and human sciences**

Resilience is grounded on factors, which in non agreeable conditions (original explorations by Emmy Werner on Hawai`i) help to a good further life. That is in fact what ISPP and ISPPM did. The medical, psychological, and psychoanalytical field was and is until today since ISPP was founded in 1971 rather rejecting. But the society, from the start projected to internationality and interdisciplinarity, immediately found discussion partners in the German speaking countries, in Poland, in South America (Angel Garma, Rascovsky), and New Zealand (Liley). Since many years the observations of ISPPM conferences and the Journal of ISPPM directly gave a share to work as a resilience factor for a rising amount of postnatal therapies with babies or traumatized grown-ups. Of course we have to develop more ideas for inner resilience in the intrauterine realm, that’s without question. Only with
Hidas´/Raffai´s realm for the intrauterine baby and his mother talking together since 1995 and meanwhile with his father, too, the intrauterine baby emerges as a living being in emotional exchange capable to express different feelings, wishes, and thoughts.

The mounting number of extrauterine procreations and the observed differences in these children (Emerson, Terry, Verdult) give conclusions of high stress of the parents before, during, and after procreation and ask ISPPM to intensely engage in explorations to help in these developments. There will be new challenges for ISPPM.

Klaus Evertz

was board member of ISPPM 2005-2010

Klaus Evertz is a painter, art therapist, and teaches at the University of Cologne, Dresden, and the High School of Nördlingen in art therapy.

In his paper he shall give us examples of transgenerational contexts by examples of his practice.

The inner child or the “inner child”?

Confusions in pregnancy and their lifelong consequences

The foetal programming shows the etiology of many somatic and psychic diseases. Grown-up patients with different images of confusions utter in psychotherapies, art- and body- psychotherapies on many levels intuitively connections between their illness and stress in pregnancy and during birth. Until now these hints are not yet taken up enough in anamneses nor in therapies, and thus are not worked on. So there is little therapy-success, but the danger of stressing repetitions in pregnancies and births of the following generation. The talk shows some examples and tries to show the point of actual research.

Gerhard Schroth, D

He is member of ISPPM since a long time, psychiatrist and psychotherapist, doctor for psychosomatic medicine, psychoanalyst, teaching Bonding Analysis (Hidas and Raffai).

His contribution to our conference is titled:

Significant steps forward in the prevention of post/perinatal depression

The post- or better said “peripartal depression” starts mostly in pregnancy and should be diagnosed as early as possibly. Symptomatics are mostly are subacute, and can be seen by aimed questions. Best help for the gynecologist is here his intuition. We have to think about shame of the pregnant woman, so we must be very careful. If a pregnant woman can confess her ideas we’ll have a much better prognosis. An early psychotherapy can help to cope or even hinder postpartal depression. This indication should be mentioned with highest priority. The best success could be seen by Bonding Analysis. Giving of antidepressiva should be minimized during pregnancy because of risks for the baby.

Further information: www.schroth-apv.com
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Prof. Sven Hildebrandt, D
is gynaecologist and obstetrician, actually president of ISPPM e.V. (but shall retire now), president of the Dresden Academy for individual birth accompaniment, professor in midwife sciences, University of applied Sciences Fulda as well as teacher at University of applied Sciences Insbruck.

Sven Hildebrandt shall have the pleasure to say goodbye with his presentation on Saturday evening

“... and has born a child”
sacrament, experience of borders, peak of happiness, valley of joy – a special view on birth
We may feel much interested...

Board Elections

Dear members of ISPPM e.V.,
in 2016 we shall have new elections on the board. All six positions will be filled newly. From the last board only Wolfgang Bott and Johanna Schacht will be candidates for the new board.

We very much like to prepare the transfer best and have best continuity of our work. So we ask all of you who are interested in a board membership to contact us as soon as possible. Certainly you also can propose a third person, whom we shall talk then.

Contact us via e-mail or phone (secretary@isppm.de, Tel. +49(0)611-97457598).

Best greetings
your board-team of ISPPM e.V.
Sven Hildebrandt, Helga Blazy, Gabriella Ferrari, Wolfgang Bott, Johanna Schacht

From the Network

APPPAH

The Conscious Baby Program for Parents
APPPAH is creating an online program for parents. The Conscious Baby Program for Parents™ is being built in the classroom right now. The first module is up and presents the overview of the program.
Account in the classroom here.

APPPAH Announces New Partnership With ICEA
"ICEA is excited to have a collaborative agreement with APPPAH. With so much emphasize on the medical side of pregnancy and birth, we often forget that the foundation for mental and emotional health begins before conception. The mental and physical health of a woman is important to the neurological development of her baby. At ICEA our motto is Freedom to Make Decisions Based on Knowledge of Alternatives. By collaborating with APPPAH our educators and doulas will have resources to help guide parents to make the
best decisions for their baby," said Elizabeth Smith, ICEA Director of Public Policy and Board of Directors member."

Read the press release here.

The Fall 2016 issue (31-1) of JOPPPAH is now available here.

Briefly

Prof. Dr. Elselijn Kingma (University of Southampton) has been awarded a prestigious European Research Council (ERC) grant of over € 1.2 million to pursue her research program on the metaphysics of pregnancy, identity, and personhood.

This project launches the metaphysics of pregnancy as an important and fundamental area of philosophical research. In collaboration with Dr. Fiona Woollard, Elselijn will further investigate these questions with the help of two PhD students and two postdoctoral researchers.

The team will begin by looking at the discussions and theories around metaphysics and philosophy of biology in the literature, and draw upon scientific knowledge to understand the physical role and function of the placenta. Further information about this project can be found here: http://www.southampton.ac.uk/philosophy/research/projects/bump.page

Healthy Birth Healthy Earth Conference – Join the Inquiry
3-9th September 2016 at the Findhorn Foundation, Scotland.

The keynote sessions from the conference are being live streamed so you can join the inquiry. They will also be archived so you can catch up at your leisure or at a reasonable time.

12.5 hours approx in total. Not a download; access the stream by logging on.

Go to: http://wholebeingfilms.com/product/healthy-birth-healthy-earth-stream/

Join, virtually, this unique gathering of leading voices in the field of birth healing taking place at the Findhorn foundation in Scotland, a world famous centre for the transformation of consciousness in everyday life.

- Robbie Davis-Floyd
  The Technocratic, Humanistic, and Holistic Paradigms of Birth and Health Care

- Robin Lim
  Awakening Birth

- Binnie A Dansby
  Birth Ecology is Earth Ecology

- Michel Odent
  From the Neolithic Revolution to the Symbiotic Revolution 11.00 – 12.30

- Elena Tonetti Vladimirova
  Correlation between birth complications and traumatic experiences within family lineage

- Angelina Martinez Miranda
  Traditional Midwifery Through the Generations

- Ray Castellino and Mary Jackson
  Preparing Families for Birth and Supporting Birth Resolution
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• Robin Grille
  Neuro-social Evolution: How connectedness was lost and how to reclaim it for humanity’s future
  This conference is an inquiry into the transformation of human consciousness through re-visioning how we birth and care for our children.
  Our earliest experiences as infants set the tone for how we later respond to the world around us. Our capacity to love ourselves, others and the Earth is either enabled or suppressed as we come into being. We are all born and have a story to tell.
  Facing the challenges of climate change, can we think in life-affirming ways about this critical period of human bonding? From conception through to early childhood, a consciously supported beginning to life is crucial to the future of civilisation and the Earth.

Interesting articles can be found in the Online magazine "The Conscious Baby", which is published monthly by APPPAH http://theconsciousbaby.com/

Events Diary

Dates Conferences and Congresses

23 – 25 settembre 2016
Congresso ATTACCAMENTO E TRAUMA
Relazioni e Compassione
(ATTACHMENT AND TRAUMA: RELATIONSHIPS AND COMPASSION)
Roma
http://www.italy-congress.com/

October 1 – 2, 2016
Attachment Parenting Congress
Hamburg
http://www.attachment-parenting-kongress.de

October 07 – 09, 2016
15th International Attachment Conference
Attachment and emotional Violence
Munich
http://bindungskonferenz-muenchen.de/1-1-Home.html

19 – 23 October 2016
Midwifery Today Conference
“Birth Is a Human Rights Issue”
Strasbourg, France
http://midwiferytoday.com/conferences/Strasbourg2016/
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19 October 2016
Human Rights in Childbirth: Europe Summit
Strasbourg, France
http://www.humanrightsinchildbirth.org/event/europe-2016/?event_date=2016-10-19

19 – 22 January 2017
2nd World Congress on Recurrent Pregnancy Loss (WCRPL 2017)
Cannes, France
http://www.wcrpl.com/

2 – 5 February 2017
Human Rights in Childbirth: India Conference
Mumbai, India
humanrightsinchildbirth.com/india-conference/

Further Education

In Germany:

Baby Therapy Training
With Rien Verdult
Contents: trauma therapy for babies, healing of attachment disorders
Soundness in prenatal psychology
Support for parents
Frequency: 12 weekends in 2016/2017 Sat: 11am - 19h Sun: 9am - 16h
Location: Trier, Germany, Cost: € 250 per weekend
More information: Sarah.Burgard@web.de, rien.verdult@skynet.be,
Registration: Sarah.Burgard@web.de, Tel: +49 (0) 6588-987049

Foundation Course
with Max Peschek and team in Parin at the Baltic Sea:
More Info: www.ippe.info/courses/intermediate_course.html
Information and registration: Max Peschek, peschek.max@t-online.de,
Tel.: +49 (0) 421 7 3210

In Switzerland:

Advanced Embodiment Course
With Karlton und Kathryn Terry and Peter Schindler
Place: Seminarhotel Wasserfallen near Basel
Information: http://www.ippe.info/courses/embodiment_hourglass_classes.html
Registration: Max Peschek: peschek.max@t-online.de, Tel.: +49 (0)421 7 321
Workshops/Seminars

In Belgium:

From Womb to World With Anna Verwaal
Daytickets available. Seminar will be in Dutch.
Alden Biesen, Kasteelstraat 6, Bilzen, Belgium
Tickets and Information: www.birthimprints.com

"Healing from the very beginning"
Pre- and Perinatal Psychotherapy
With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols
The course will be held in English. Translation in German and Dutch is possible.
Information: Marleen Dols, marleendols@online.nl
Website: http://www.birthimprints.com

In Switzerland:

The Art of the Tryptic with Karlton Terry
2 - 17 November 2016
Location: Seminarhotel Wasserfallen near Basel
Registration: Max Peschek, peschek.max@t-online.de, +49 (0)421 7 3210
Karlton Terry will be in Basel for Baby Clinic:
19/20 November 2016
http://www.isppm.ch/programm/karlton-terry/

In Austria:

Babytherapy Advanced Workshop
With Karlton Terry
Treatment of IVF-Babys
Location: Vienna
Date: October 30 - November 2, 2015
Information and registration: Claudia Versluis, claudia.versluis@aon.at

In England:

Courses with Matthew Appleton and Jenni Meyer:
Soul Loss: A Pre and Perinatal Perspective
The Birth Journey – Honouring the Untold Story and others:
http://www.conscious-embodiment.co.uk/courses
Gems of Ancient Wisdom
Workshop with Antonella Sansone
Before Conception throughout Pregnancy, Birth and Parenting
A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering
For further details or to book a place contact:
E-Mail: antonellasansone8@gmail.com, Phone: 07947764431

Online:

Professional Seminars with APPPAH:
You can see about the complete Education Department offerings at birthpsychology.com

Foto: VDN/Kuhn Uli