

Impressions Annual Conference 2017

Science and Experience based Wisdom in the ISPPM A (long) necessary discussion on spirituality and mindfulness



The 29th Annual Conference of the ISPPM took place on the last weekend of October 2017 in Berlin Spandau, the newly renovated Hotel Christophorus in the beautiful ambience of the Johannisstift imbedded in a forest. The introductory lecture was given by Prof. Dr. Amara Eckert and Dr. Hans von Lüpke.

The new format of the internal working



conference with a lot of space for exchange has proven highly. It was a successful event, which strengthened the cohesion among the members and the will to work together. We thank all dedicated members who have contributed with working group meetings, case presentations and workshops!

The minutes of the general meeting will be sent to all members as soon as possible.

Working Group „Scientific Basis“

During the last ten years, extensive research has aimed at increasing the knowledge of prenatal psychological processes. In 2017 alone, more than 180 publications on prenatal stress have been listed in the database „Pubmed“. German researchers contributed to approximately 10% of these publications. The ISPPM Working Group „Scientific Basis“ has set itself the task to translate research results into medical practice and to transfer medical practice into research. The well attended meeting of the working group in Berlin was opened with a presentation on “Effects of prenatal maternal stress on the the development of the fetus and child“. The presentation aimed at demonstrating that relatively simple interventions and observations can lead to important research results, if the observations are properly documented. Examples of observational research are the application of prenatal music, maternal

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communication with her child and psychological care of the mother with subsequent evaluation of effects on the mother and child in comparison with a control group without intervention.

Participants of the meeting proposed and discussed various studies such as effects of prenatal mother-child communication, family conflicts and perinatal procedures (e.g. Kristeller maneuver) on the development of the child and the mother-child bond. The great interest and lively exchange and discussion demonstrates that the ISPPM has the potential to become a center of research on prenatal psychology.

Prof. Dr. Otwin Linderkamp

Speaker off he Working Group „Scientific Basis“

olinderkamp@yahoo.de

WG becoming parents

This working group was about the current status of an initiative of three associations (ISPPM e.V., GfG, GreenBirth e.V.) and on current issues of children's rights before, during and after birth. At the same time we are constantly concerned that in this time mother and child are in unique mutual influence.

What happens to the mother affects the child at its earliest stages of development, and what happens to the child affects the maternal situation, her state of health, her hormonal status, her health, and her ability to be in resonance with her unborn child.

Irene Behrmann, Speaker, Irene.Behrmann@t-online.de;

Marita Klippel-Heidekrüger, ISPPM delegate to the National Coalition Germany, on the implementation of the UN Convention on the Rights of the Child

klippelheidekrueger@hotmail.com

WG Cultural Psychology



This working group intends to explore the links between Prenatal Psychology and Matriarchy Research. There was a pleasing and unexpected number of interested members to inform about and discuss these new developments in cooperation between Dr. Ludwig

Janus and Mrs. Johanna Schacht. A lively exchange was created with brainstorming for a new website text as well as project ideas (for example, organizing a conference).

Ludwig Janus, janus.ludwig@gmail.com;

Johanna Schacht, johanna.schacht@isppm.de

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From the Network

GAIMH

Cooperation Congress



"critical touch in critical times"

April 5 – 7, 2018, in Kreuzlingen, Switzerland

The organization of the cooperation congress of **ISPPM e.V.**, **ISPPM Switzerland** and **GAIMH** in cooperation with University of Applied Sciences Thurgau are in full swing. We thank Dr. med. Antonia Stulz-Koller for the coordination! The congress is also the annual meeting of the three organisations and the respective general assemblies are held there:

30th ISPPM Annual Congress

in cooperation with GAIMH, ISPPM Switzerland and PHTG

April 5 – 7, 2018, in Kreuzlingen, Switzerland

Program, all information and registration will be found on ISPPM Homepage soon.

APPPAH

Upcoming Congress:



"The Conscious Baby Emerges: Science, Medical, Psycho-Social and Somatic Discoveries"

Nov. 30 - Dec. 3 2017
San Diego, California

Information, Registration: <https://birthpsychology.com/2017-conference/welcome>

It is going to be a wonderful congress with many things to learn, as well as time to network with new friends and share with old friends.

The fall issue of APPPAH's scientific journal **JOURNAL OF PRENATAL AND PERINATAL PSYCHOLOGY AND HEALTH (JOPPPAH)** has been published and it is now available [on our website](#). Print subscribers will be receiving their copies next week. This issue is packed and features a chapter from Michel Odent's upcoming book.

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Childhood and Early Parenting Principles (CEPPs)

An invitation to researchers and cities involved in ECD

This is an exciting milestone for the **CEPPs Sister Cities program** and its goals of sharing ECD knowledge and best practice to cities and countries around the world. The support of Germany is invaluable, bringing 10 years' research and experience implementing ECD networks in over 400 cities of varying sizes. We invite cities and countries wishing to share experiences, to contact us regarding the CEPPs Sister Cities program.

And once again a sincere thank you to BZFH in Köln and the city of Pforzheim for their welcome and generous offers of support.

Awareness of the importance of the early intervention is growing and becoming a worldwide topic. Our societies need to provide nurturing care for their children and families, if we want to build healthier, fairer and more peaceful societies.

Valerie Unite, Executive Director, CEPPs Global Initiative

CEPPs is inviting professionals and organisations working in the field of maternal health and early childhood care to join the initiative and spread this message more widely in the community.

Please share this project with all relevant organizations, and please invite them to partner with CEPPs!

Website: <https://ceppprinciples.org/>

Facebook: <https://www.facebook.com/CEPPPrinciples>

Twitter: @CEPPPrinciples <https://twitter.com/CEPPPrinciples>

Briefly

News from science:

Antidepressant use during pregnancy and psychiatric disorders in offspring

Objective: To investigate the association between in utero exposure to antidepressants and risk of psychiatric disorders.

Design: Population based cohort study.

Setting: Danish national registers.

Participants: 905 383 liveborn singletons born during 1998-2012 in Denmark and followed from birth until July 2014, death, emigration, or date of first psychiatric diagnosis, whichever came first. The children were followed for a maximum of 16.5 years and contributed 8.1×10⁶ person years at risk.

Exposures for observational studies: Children were categorised into four groups according to maternal antidepressant use within two years before and during pregnancy: unexposed, antidepressant discontinuation (use before but not during pregnancy), antidepressant continuation (use both before and during pregnancy), and new user (use only during pregnancy).

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Main outcome measure: First psychiatric diagnosis in children, defined as first day of inpatient or outpatient treatment for psychiatric disorders. Hazard ratios of psychiatric disorders were estimated using Cox regression models.

Results: Overall, psychiatric disorders were diagnosed in 32 400 children. The adjusted 15 year cumulative incidence of psychiatric disorders was 8.0% (95% confidence interval 7.9% to 8.2%) in the unexposed group, 11.5% (10.3% to 12.9%) in the antidepressant discontinuation group, 13.6% (11.3% to 16.3%) in the continuation group, and 14.5% (10.5% to 19.8%) in the new user group. The antidepressant continuation group had an increased risk of psychiatric disorders (hazard ratio 1.27, 1.17 to 1.38), compared with the discontinuation group.

Conclusions: In utero exposure to antidepressants was associated with increased risk of psychiatric disorders. The association may be attributable to the severity of underlying maternal disorders in combination with antidepressant exposure in utero. The findings suggest that focusing solely on a single psychiatric disorder among offspring in studies of in utero antidepressant exposure may be too restrictive.

Liu X et al.: Danish nationwide register based cohort study; BMJ 2017; 358: j3668

DOI: <http://www.bmj.com/content/358/bmj.j3668>

Delayed versus immediate cord clamping in preterm infants

Tarnow-Mordi W, Morris J, Kirby A, et al.: Delayed versus immediate cord clamping in preterm infants. N Engl J Med 2017;

[DOI](#)

News from press and film

Film project „The Safe Birth“

Tailer [here](#)

Donations are accepted by the ISPPM e.V.:

GLS Bank

BIC: GENODEM1GLS

IBAN: DE33430609671133475100

Purpose: film "the safe birth"

[Paypal](#) also possible

Documentary: Motherland

Motherland takes us into the heart of the planet's busiest maternity hospital in one of the world's poorest and most populous countries: The Philippines.

Women share their stories with other mothers, their families, doctors and social workers. In a hospital that is literally bursting with life, we witness the miracle and wonder of the human condition. Winner, 2017 Sundance World Cinema

Documentary Special Jury Award for Commanding Vision.

Trailer: <https://youtu.be/XysNsN-xj0I>

Documentary: Before I meet you

It is supposed to be the happiest day of a woman's life. In Slovakian hospitals, however, the joy of motherhood can easily turn into a nightmare. In their isolation, women face strict routines, loneliness and different forms of violence.

<http://beforeimetyoufilm.com>

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Transgenerational Trauma And Cross-Cultural Insights: An Interview with Dieudonne Allo

Watch here: <http://kindredmedia.org/2017/10/transgenerational-trauma-cross-cultural-insights-interview-dieudonne-allo/>

The Primal Wound: Do You Have One?

By Darcia Narvaez, PhD

<http://kindredmedia.org/2017/11/primal-wound-one-part-1-3/>

Conscious Parenting News

CPN provides the latest headlines, research, features and insights of the Conscious Parenting Movement through its e-newsletter and web e-newspaper. CPN is an alternative media and nonprofit initiative of Families for Conscious Living.

<http://consciousparentingnews.com/#/>

You can visit FCL and discover more initiatives to support your conscious parenting choices at www.FamiliesforConsciousLiving.org.

Please share Conscious Parenting News with your friends and family. And thank you for your support!

Sincerely,

The Conscious Parenting News Team

Contact Us: info@familiesforconsciousliving.org

The Conscious Baby

Online News

<http://theconsciousbaby.com/#/>

Events Diary

ISPPM Dates

April 5 - 7, 2018

30th International Annual Congress of ISPPM

Kreuzlingen, Switzerland

Theme: Touch shapes

Congress language: German with English translation

June 1-3, 2018 Bonding Analysis conference

Cologne

October 26/27, 2018

Conference „Single born twin“

Berlin

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Other Congresses and Conferences

November 24/25, 2017

AIPC 3de Congresso Nazionale La Psicoterapia Prende Corpo
ROMA, Italy

<http://www.psicoterapiecorporee.it/>

Dezember 17, 2017

Symposium

THE UNCONSCIOUS HUMAN - between psychoanalysis and neurobiological evidence

With Nobel laureate Eric Kandel

Charité Berlin

<https://psychiatrie-psychotherapie.charite.de>

November 29 – December 4, 2017

20th APPPAH International Congress

The Conscious Baby Emerges: Scientific, Medical, Psycho-Social, and Somatic Discoveries

San Diego

<https://birthpsychology.com/2017-conference/welcome>

February 22 – February 25, 2018

5th International Congress on Cardiac Problems in Pregnancy (CPP)

Bologna, Italy

<http://2018.cppcongress.com/>

September 6 – 9, 2018

EABP Congress 2018

Body Psychotherapy and Challenges of Today.....Alienation - Vitality - Flow

Berlin, Germany

<https://congress.eabp.org>

Further Education

In Germany:

Training in Bonding Analysis

With Dr. Helga Blazy and Hannelore Dehne

In Cologne

Interested people please contact

Helga Blazy: nc-blazyhe@netcologne.de

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In Austria:

IPPE-Foundation Course

with Max Peschek, Claudia Versluis und Team

Beginning November 2019

Information: www.ippe.at/kurse/foundation

Registration: Claudia Versluis: claudia.versluis@aon.at

In England:

Integrative Baby Therapy Training

With Matthew Appleton & Jenni Meyer

An in-depth training designed for people already working with babies and children. Previous participants have included midwives, doulas, craniosacral therapists, osteopaths, paediatricians, paediatric nurses, lactation consultants, massage therapists, body psychotherapists, psychologists and ante-natal yoga teachers. The course consists of 6 modules, each 3 days long, and spread over 18 months. It is grounded in the practicalities of working with parents and their babies and aimed at developing the confidence and skills to identify and help resolve prenatal and birth trauma.

More information:

<http://www.conscious-embodiment.co.uk/courses/integrative-baby-therapy-training>

Workshops/Seminars

In Germany:

Introductory seminar 'Early trauma and its possible consequences for personality development in later life'

Gisela Wallbruch – MSc

January 2018 in Neuss, Germany

Mail: gisela.wallbruch@gmx.de

In Switzerland:

ISPPM Switzerland workshop program here: <https://www.isppm.ch/programm>

In Belgium:

"Healing from the very beginning"

Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols

The course will be held in English. Translation in German and Dutch is possible.

Information: Marleen Dols, marleendols@online.nl

Website: <http://www.birthimprints.com>

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In Austria:

Karlton Terry, Claudia Versluis, Max Peschek & team:

Umbilical Affect

20. - 25. march 2018

These courses are open to all students who have finished an IPPE- foundationcourse in the past: It will for a long time be the last opportunity to participate in English with Karlton Terry as teacher in Europe.

If you want to continue your prenatal journey researching these themes, then there is an opportunity now: there are a few places left for students who have already finished the foundationcourse in former years.

Please let us know soon if you're interested, there are only few places that might be filled up fast.

We start 14:00 the first day and end 13:00 the last day

Seminarhouse Die Lichtung: www.die-lichtung.at

Travel: close to Krems; flight to Vienna, then train and/or travel with other participants

tuition each course € 740,-

Information and registration: Claudia Versluis, claudia.versluis@aon.at, Mobil 00 43 664 5517235

More: www.ippe.at

In Slovenia:

Self-Experiential Workshop "Journey to one's own pregnancy, childbirth and early childhood"

(Body psychotherapy according to Franz Renggli)

with Michaela Mardonovic and Michael Josef Egarter

Location: Horus Center Ljubljana

Contact: Michaela Mardonovic, info@horus-center.com, mobil +386 51 747 545

In England:



Workshop mit Antonella Sansone

Gems of Ancient Wisdom

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

For further details please contact: antonellasansone8@gmail.com

Online:

Professional Seminars with APPPAH:

You can see about the complete Education Department offerings at

birthpsychology.com

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New Publication



Goetz Egloff (Editor)

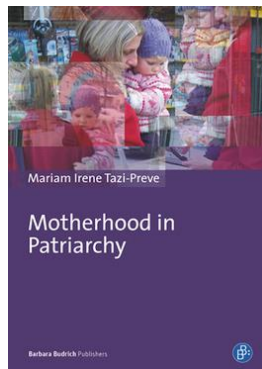
Child-Rearing: Practices, Attitudes and Cultural Differences

Nova Science Publisher 2017

With contributions by Ludwig Janus und Johanna Schacht

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Reading Tipp



Mariam Tazi-Preve

Motherhood in Patriarchy.

Animosity Toward Mothers in Politics and Feminist Theory - Proposals for Change.

Publishing House Barbara Budrich 2013

„Motherhood in Patriarchy“ pioneers the argument that the current Western understanding of motherhood is a patriarchal one based on a long historical tradition of subjection and institutionalization. The book makes an important contribution to women’s studies on reproduction, feminist theory, motherhood and welfare politics, and offers alternative perspectives.

From the Contents:

- Patriarchal Motherhood
- Mothers in Feminist Political Theory and Philosophy
- Matriarchy as Maternal Order
- Historic Transformations of Birth and Motherhood
- On the Historical Development of the Concepts of Nature, Body, Time and the Individual
- Mothers in Psychoanalysis
- Developments of Reproductive Technology and Feminist Criticism
- Feminist Strategies to Counter the Animosity toward Mothers
- The Matriarchal Order

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The author, Dr. Mariam Irene Tazi-Preve, researcher and lecturer at universities in Austria and the USA presenting some of her ideas at a conference in Toronto, 2009, “A (M)Otherhood is possible”:

<http://www.motherworldconference.org/presentations18.html>

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We wish you a contemplative ending the year with a lot of warmth, candlelight and fire, delicious pleasure and leisure to integrate what had been and to nourish what likes to come!

You will hear from us next year.
Best regards,

Your board team of ISPPM e.V.

Imprint

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