

Science and Experience based Wisdom in the ISPPM

A (long) necessary discussion on spirituality and mindfulness

**29th International Annual Conference of ISPPM
Hotel Christophorus, Berlin-Spandau, Germany
October 28/29, 2017**

Conference Program

Saturday, October 28, 2017

9:00 h Registration
to 10:30 h Coffee/Tea

9:00 – 12:30 h **Working Group meetings**
Optionally with „integrated“ break

WG Becoming Parents

Beginning 11 a.m.

We would like to inform interested members about the state of current networking. There are very interesting developments, among others the membership of ISPPM e.V. in the NC - National Coalition on the Implementation of the UN Children's Convention. The protection of the unique mother-child unit during pregnancy, birth and lactation finds expression in national parental rights and the UN Children's Rights Convention. Regarding this background, do we need an update of the ISPPM Charter on the Rights of the Child from 2005?

We are looking forward to welcome members and guests.

Spokesperson: Irene Behrmann and Marita Klippel-Heidekrüger, ISPPM Delegate for the National Coalition Germany.

We are glad about your interest and prior contact: Irene.behrmann@t-online.de

WG Research

A meeting of this working group is planned on Saturday morning before the beginning of the conference in Berlin. The focus will be the influence of prenatal and perinatal events on the later development of the child and mother-child bonding.

If you are interested, please do not hesitate to contact the speaker of this working group Otwin Linderkamp: olinderkamp@yahoo.de.

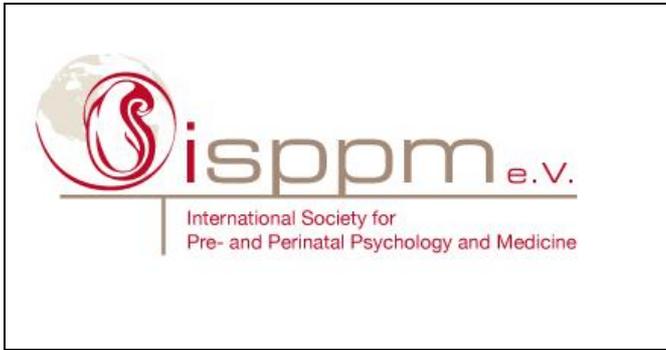
WG Cultural Psychology

The cultural psychology working group wants to follow the historical references of matriarchal social forms and prenatal psychology. We would therefore like to open the working group and invite interested members of the ISPPM to participate in the cultural psychology group.

The next meeting of the WG will be held within the next annual conference of ISPPM on 28./29. October 2017 in Berlin, on Saturday morning.

The spokesperson of the WG is Dr. Ludwig Janus. Interested people please send an e-mail to: janus.ludwig@gmail.com

12:30 – 13:30 h Lunch break



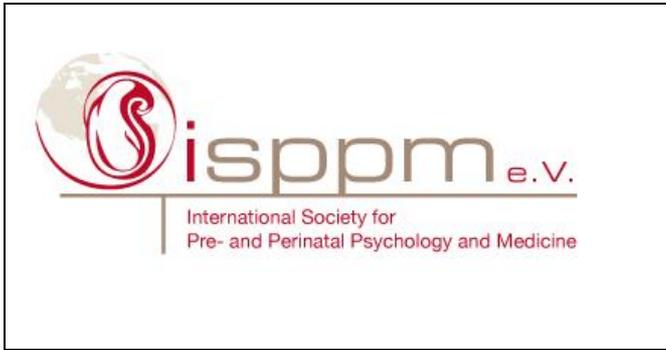
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Conference opening

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|-----------------|--|
| 14:00 – 15:00 h | Opening lecture:
Spirituality in the context of science and history
<i>Amara Eckert, Hans von Lüpke</i> |
| 15:00 – 15:45 h | Exchange in small groups |
| 15:45 – 16:15 h | Coffee break |
| 16:15 – 17:00 h | Plenum (results of group work) |
| 17:00 – 18:30 h | Members Assembly |
| 18:30 – 19:30 h | Dinner |
| 20:00 – 22:00 h | Come together |



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Sunday, October 29, 2017

9:15 – 9:45 h Morning Meditation: Peace and connection

9:45 – 10:45 h **Case stories** Parallel Session I:
Practical spirituality in the pregnancy support and the period of birth and early parenthood

Istanbul Birth Academy: Birth with no regret team

Case: sheila 28 years old 2.nd pregnancy

Neşe Karabekir

Since the pregnant woman is in the precious period during the labor, it is not effective to use verbal counselling or therapy methods. But by using psychodrama or some other right brain techniques, she can easily open her heart. Generally birthing women are in the right brain level and alpha brain frequency during the labor. So you can easily access her subconscious stuff.

Our method is to use individual psychodrama sometimes to communicate with her baby with her feeling with her beloved ones all depends on whatever this birth and this woman and this couple needs during the labor. So the birth psychologist can support the birthing couple or the medical team's psychological needs.

Maternology Point Of View on infant functional eating disorder - A Case Study
MD Daniela Marincas

The psychological side of motherhood and the consequences of ignoring it are a public health problem. The current medical diagnosis and treatment protocols do not include the observation of the psychological state of the mother, and the physical and behavioural symptoms of the child are not corroborated with the mother's condition.

The purpose of this case study is to describe the maternology approach (new French science of motherhood) on diagnosis and treatment for a mother-child couple in addressing baby's functional disorders.

The study discusses the case of a two-month-old baby who refuses to eat. It describes the mother's emotional and behavioral difficulties after birth and analyses her psychological process of becoming a mother - maternogenesis. The history of the mother is linked with her present inability to connect and feed her child. The mother can't effectively relate to the child, which in this case affects the child's feeding behaviour.

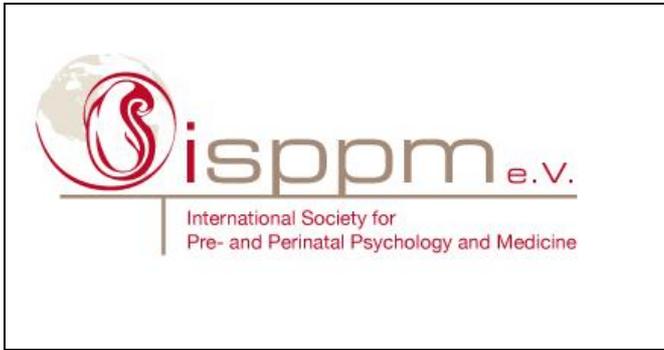
The maternology specific methods of diagnosis and intervention are presented. The study emphasises that early maternal approach reduces the risk of developing somatic pathologies in the child.

Key words: motherhood, infant eating disorders, maternal postpartum disorders

10:45 – 11:15 h Break

11:15 – 12:30 h **Case stories** Parallel Session II:
Spirituality in prenatal-based psychotherapy and counseling

12:30 – 13:30 h Lunch break



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13:30 – 15:00 h **Workshops (4 Parallel):**

The exchange of implicit relationship experiences as a lifelong basis of communication

Hans von Lüpke

In German

Gems of Primal Wisdom:

From Before Conception Through Pregnancy, Birth and Beyond

Antonella Sansone-Southwood

Clinical/Research Psychologist and author Antonella Sansone-Southwood challenges our understanding of pre and perinatal processes through cross-cultural comparisons. She presents us with inspiring images and stories of motherhood and communal childcare amongst the Himba of Northern Namibia. She takes a look at parenting and child health in the context of our lives and society and explores primal wisdom as the best available window into the social lives of our ancestors, sustaining uncomplicated birth, motherhood and secure attachment, and uses them as a model of sustainability. She introduces an expanded integrative view of the birth process, which begins before conception and moves through early childhood in an unbroken continuum in care. This view embraces Mindfulness theory and practice, in which physical, mental, spiritual and environmental elements form one whole – a respected continuum of life and interconnected experience.

Perinatal roots of spiritual experience

Ludwig Janus

The experiences before and during birth have an existential character. When they reappear in later life, they might seem to be a higher reality, like a revelation. Modern regression therapies allow biographical assignment and subsequent integration. From these observations, new perspectives on the psychodynamics of religious and magical experiences are emerging, as well as on the roots of cultural structures as a whole.

Creation Bliss

Hanna Strack

In German

15:00 – 15:30 h **Break**

15:30 – 17:00 h **Plenum (Fishbowl Format)**

17:00 h **End**